



2021 NATA Virtual Clinical Symposia & AT Expo

Thursday, Jun 24

A Clinical Guide To Pitching Mechanics and Kinetic Chain Deficits: How To Integrate Both Into a Comprehensive Program

On-Demand Lecture

Stephen Thomas, PhD, ATC

Thomas Jefferson University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, IV Skill Level: Advanced Pitching is the fastest and most stressful motion the human body can produce. These large and repetitive forces lead to motion, strength, structural deficits throughout the body, which can alter normal mechanics. These compensations are often missed since performance is not initially affected; however, the athlete is often at ...

Thursday, Jun 24

Addressing Sympathetic Overload for Injury Recovery

Mental Wellness

Lecture

Veronica Dilzer, ATC

Director of Sports Medicine and Performance, Lincoln University of Pennsylvania

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, IV Skill Level: Essential Theme: Mental Wellness As research connects the mental state of patients to positive outcomes, it is hard to deny the mind-body connection. The emotional and mental part of injury may be hard for clinicians to address if patients are unable to consciously address these responses. Physical injury and its ...

Thursday, Jun 24

All About the Regulations: Dietary Supplements in Sports

Ergogenic Aids

On-Demand Lecture

Chris Kolba, PT, PhD, MHS

Physical Therapist, Ohio State Sports Medicine

Jackie Buell, PhD, CSSD, ATC

Asst Professor, Clinical, Ohio State Univeristy

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: V Skill Level: Essential Theme: Ergogenic Aids Athletic trainers are often put in the position of helping athletes better understand and consider dietary supplements. This session will focus on how athletic trainers can educate the athlete on the regulations surrounding supplements from the FDA to sport governing bodies. As well, the forum will present the ...

Thursday, Jun 24

Are You Engaged? Concussion Management With Low Socioeconomic Status Stakeholders

Lecture

Melissa Kay, PhD, LAT, ATC

Assistant Professor, University of Southern Mississippi

Tamerah Hunt, PhD, ATC, FACSMT

Associate Professor and Graduate Program Coordinator, Georgia Southern University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, V Skill Level: Advanced Concussion evaluation and management rely heavily on uniting all stakeholders to create a culture of safety in low SES communities. Unfortunately, barriers such as cultural and community mistrust of clinicians can create delays in early recognition and management of concussion, ultimately resulting in poor outcomes. Understanding the impact of ...

Thursday, Jun 24

A Team Approach to Emergency Planning in the Secondary School: Where We Are and Strategies to Advance

Emergency Preparedness/Response

On-Demand Lecture

Samantha Scarneo-Miller

Assistant Professor, Program Director, West Virginia State University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I Skill Level: Advanced Theme: Emergency Planning/Response The socio-ecological framework conceptualizes the need for involvement from multiple stakeholders to facilitate widespread community buy-in for the adoption of a best practice. The secondary school provides a unique setting for several stakeholders to improve emergency planning efforts. The purpose of this presentation will be to describe the ...

Thursday, Jun 24

Planning for the Future of Athletic Training: Athletic Training Globally

This session is not eligible for CEUs

Athletic Training Student Seminar Lecture

Brian Zeller, PhD, LAT, ATC

Director - MSAT Program; Department Chair, Winona State University

The goal of this presentation is to provide participants a brief overview of the status of athletic training as a profession on a global scale. Information relating to the NATA International Committee, the World Federation of Athletic Training and Therapy and other related global organizations will be provided, along with a discussion on suggestions for pursuing opportunities internationally. At the end of this session, students will be able to: Describe the current state of the athletic training profession internationally. Provide an overview of important global organizations related to athletic training. Introduce methods for NATA members to promote and ...

Thursday, Jun 24

Benchmarking Your Organization's Critical Incident Response Plan and Your Role as an Athletic Trainer

Emergency Preparedness/Response

On-Demand Lecture

Ray Castle, PhD, LAT, ATC, NREMT

Program Director - Athletic Training, Louisiana State University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, III, V Skill Level: Advanced Theme: Emergency Planning/Response Today's athletic trainer is seen as the initial line of defense when it comes to athletic injuries; however given the diversity in athletic trainer job settings it is imperative that critical incident response plans are interdisciplinary and comprehensive in nature. Critical incident response must address all ...

Thursday, Jun 24

Best Practices and Current Care Concepts in Prehospital Care of the Spine-Injured Athlete in American Tackle Football

Emergency Preparedness/Response

Lecture

Glenn Henry, MA, EMT-P

VP of Academic Affairs, Athens Technical College

Ron Courson, ATC, PT, NRAEMT

Executive Associate Athletic Director - Sports Medicine, University of Georgia

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: III Skill Level: Essential Theme: Emergency Planning/Response As part two to the two-part series being proposed by the Spine Injury in Sport Group (SIG): Evidence-Based Practice in Prehospital Care of the Spine-Injured Athlete in American Football: The Delphi Process, this presentation will focus on the conclusions and recommendations of the best practices document, discussing how the ...

Thursday, Jun 24

Body Dysmorphic Disorder, Eating Disorder Risk, and Dietary Supplement Use in Physically Active Populations (EBP)

Mental Wellness

Evidence-Based Practice

Toni Torres-McGehee, PhD, SCAT, ATC

Associate Dean for Diversity, Equity, & Inclusion, Director of Athletic Training Programs, University of South Carolina

Domain: I, II Skill Level: Advanced Theme: Mental Wellness Western society strives for the perfect appearance and a "fit" body, which has become synonymous with the perception of increased performance. However, this is difficult to achieve due to the possibility of increased risk of mental health disorders, engagement of pathogenic behaviors (e.g., vomiting, excessive exercise,) and/or the use of dietary supplement (e.g., diuretics, laxatives, creatine, amino acids, steroids, thyroid hormones). Identification of feeding and eating disorder risk and body dysmorphia is critical and athletic trainers need to be aware of types of dietary supplements commonly used, which in turn may ...

Thursday, Jun 24

Cheating...Who Cares? Why ATs Should Be Concerned With Doping

Ergogenic Aids

On-Demand Lecture

Robert Kersey, PhD, ATC

Professor, Emeritus, California State University, Fullerton

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: II Skill Level: Essential Theme: Ergogenic Aids Athletic trainers (AT) are ideally suited to provide evidence-based education regarding doping. Individuals of all ages and from all walks, misuse these so-called ergogenic agents for performance gains, physique development, and/or body image enhancement. While doping efficacy varies, misuse can cause negative health consequences. ATs must prioritize patient ...

Thursday, Jun 24

Concussion Rehabilitation for Adolescent Athletes: What Feasible Methods Can Athletic Trainers Implement To Improve Outcomes? (EBP)

Evidence-Based Practice

David Howell, PhD, ATC

Assistant Professor, University of Colorado School of Medicine, Department of Orthopedics

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: IV Skill Level: Advanced Epidemiological evidence suggests a 2-3x greater risk of sustaining a musculoskeletal injury following a concussion for athletes, relative to those who did not experience a concussion. While this phenomenon has been documented across adolescent and adult populations, the reasons and potential rehabilitative strategies have not been identified. Additionally, the implementation/feasibility of ...

Thursday, Jun 24

CPC and Specialty Certification: A BOC Update

On-Demand Lecture

Michael Hudson, PhD, LAT, ATC

Associate Professor, Missouri State University

Susan McGowen, PhD, ATC, EMT

President, XMED, Inc.

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: V Skill Level: Essential In 2020, the BOC provided information on the framework of Continuing Professional Certification (CPC) and components of the three pillars of the framework: 1) Professionalism, 2) Life-long Learning, and 3) Practice Performance. In the past year, the BOC has wrapped up the pilot programs and has begun discussions on the vision ...

Thursday, Jun 24

Cultural Competence & Leadership Diversity: Planning for the Future of Athletic Training

This session is not eligible for CEUs

Athletic Training Student Seminar Lecture

Kysha Harriell, PhD, LAT, ATC

University of Miami (FL)

This presentation will discuss diversity, equity, inclusion, and the importance of cultural competency in athletic training. This presentation will explore the traits of an inclusive leader and discuss practical ways athletic trainers can be agents of change by addressing biases, being open to different voices and perspectives, and removing exclusive policies and practices. Discuss the importance of diversity and cultural competence with expected increases in racial and ethnic diversity demographics. Understand diversity, equity, and inclusion terminology Understand the impact of diversity, equity, and inclusion, and cultural competence on health disparities Explore ways leadership diversity and inclusive leadership can help improve ...

Thursday, Jun 24

Cultural Competence in the Profession of Athletic Training: Anti-Racism and Patient Allyship

Lecture

Jeffrey Kawaguchi, PhD, PT, ATC

Program Director, Pacific University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: V Skill Level: Essential Culture, language, lifestyle, and disease states all have considerable impact on how the patients access and respond to health care services. Additionally, healthcare practitioners' backgrounds will mold their own attitudes and beliefs. For these reasons, athletic trainers should be exposed to the viewpoints that can potentially differ greatly from their own, ...

Thursday, Jun 24

Current Trends in Sports Medicine: Heat Illness, Dry Needling and Stim Assisted Strength

On-Demand Lecture

Kyle Davis, MEd, ATC

Associate Athletic Trainer, Indianapolis Colts

Partson Chinyadza, ATC, DPT

Assistant Athletic Trainer / Physical Therapist, Detroit Lions

Roberto Cardona, MAT, ATC

Assistant Athletic Trainer, Cincinnati Bengals

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, III, IV Skill Level: Advanced This presentation is a combination of three current trends in the NFL sports medicine departments to optimize care for athletes. Heat illness tips, tricks and management will enlighten attendees on caring for an athlete during a health-related episode. The second portion of the presentation will dive into techniques of ...

Thursday, Jun 24

Dealing With the Catastrophic Injury and/or Death of a Student-Athlete: The Critical Role of the Athletic Trainer

Mental Wellness

On-Demand Lecture

Russ Richardson, EdD, ATC-L

Head Athletic Trainer, University of Montana Western

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: III Skill Level: Advanced Theme: Mental Wellness Research indicates that there is an increased incidence of mental health issues in student-athletes. Consequently, there needs to be an enhanced awareness, understanding, and preparedness for an athletic trainer to manage catastrophic conditions facing these patients. In addition, strategies must be considered and developed to facilitate the healing ...

Thursday, Jun 24

Defeating the Stigma: Getting Patient Buy-In for Psychological Rehabilitation and Mental Health Care

Mental Wellness

On-Demand Lecture

Marc Cormier, PhD

Associate Professor/Director of Counseling and Performance Psychology, University of Kentucky

Shelby Baez, PhD, ATC

Assistant Professor, Michigan State University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: IV Skill Level: Advanced Theme: Mental Wellness Integrating psychological interventions and seeking mental health care for patients after sports-related injury can improve pertinent patient-reported and functional outcomes. However, there are stigmas associated with such interventions and seeking mental health care, especially within athletic populations. This forum will discuss how to improve stakeholder buy-in for implementation ...

Thursday, Jun 24

Developing the Future Athletic Trainer: Strategies and Issues in Education and Clinical Education

Free Communications Oral

On-Demand Lecture

Amy Brugge, EdD, LAT, ATC

Minnesota State University at Mankato

Bailey Jones, MSAT, ATC

Old Dominion University

Erica Schulman, SCAT, ATC

Graduate Assistant Athletic Trainer, University of South Carolina

Jennifer Benedict, DAT, AT, ATC

Indiana State University

Ryan Nokes, PhD, ATC

Point Loma Nazarene University

Samantha Scott, MS, ATC

Doctoral Candidate, Springfield College

Sarah Myers, PhD, LATC, ATC

Assistant Professor, Program Director, Georgia College and State University

Sharon Feld

Ball State University

William M. Adams, PhD, ATC, FACSM

Associate Director, Sports Medicine Research, United States Olympic & Paralympic Committee

Zuri Greene- Johnson

University of Lynchburg

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, IVCEU: 1 Category A CEU Developing the Future Athletic Trainer: Strategies and Issues in Education and Clinical Education Racial and Ethnic Disparities on BOC Exam Performance: 2017-2018 to 2019-2020 Exam Periods William Adams, PhD, ATC, University of North Carolina at Greensboro Athletic Training Student Core Competency Professional Behavior Implementation Between Immersive and Non-Immersive Experiences: A Report from the ...

Thursday, Jun 24

Diabetic Emergencies: A Scientific and Practical Approach To Managing the Diabetic Athlete in the Prehospital Setting

Emergency Preparedness/Response

On-Demand Lecture

David Berry, PhD, MHA, ATC

Professor and Department Chair, Kinesiology, Saginaw Valley State University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, III Skill Level: Advanced Theme: Emergency Planning/Response When diabetic emergencies occur, athletic trainers must manage these situations until medical services arrive. Understanding the current scientific evidence and roles and interrelatedness of emergency diabetic planning and the equipment necessary to manage the situation is paramount. Failure to provide reasonable and appropriate care due to ...

Thursday, Jun 24

Documenting Your Skilled Health Care To Get Paid

On-Demand Lecture

Steve Allison, LAT, ATC, CEAS

Manager Therapy Services, Aspirus Divine Savior Hospital

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: V Skill Level: Advanced Concise and complete documentation is the paramount in demonstrating worth and value in every setting within the athletic training profession, but is often a weak spot for practitioners. This session will give an AT tools needed to have successful documentation that satisfies standards for payers, compliance, and professional responsibility. It will ...

Thursday, Jun 24

Don't Wait to be on Top – Connected Care Beyond Video Visits

This session is not eligible for CEUs

Athletic Training Student Seminar Lecture

David Gallegos, MA, ATC, Cert. MDT

Deputy CEO , Southwest Sport and Spine Center, Inc.

COVID-19 created a tremendous shift in telemedicine and virtual visits and shifted the innovation curve forward. As we exit the pandemic response and the curve shifts back, understanding the larger digital health and connected care environment is critical to being part of the front side of the innovation process. As health care providers that are educated in the continuum of care cycle and trained in integrated team models providing mobile services, Athletic Trainers need to be part of the discussion and set the future of musculoskeletal digital health. Direction and explanation of past, present and future possibilities are highlighted. At ...

Thursday, Jun 24

Effect of Sleep on Athletic Performance and Well-Being (EBP)

Mental Wellness

Evidence-Based Practice

Benjamin Potenziano

Asst. Athletic Trainer, Pittsburgh Pirates

Meeta Singh, MD

Sleep & Sports | Thomas Roth Sleep Disorder Center, Henry Ford Health System

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, IV Skill Level: Advanced Theme: Mental Wellness The idea that in any sport, health and success require a planned approach to training and recovery is widely embraced across the health care community. Whereas healthy adults are recommended 7-9 hours of sleep each night, athletes are often taught to aim for 9-10 hours of ...

Thursday, Jun 24

Emergency Planning and Catastrophic Injury

Free Communications Oral

Aliza Nedimyer, MA, LAT, ATC

Doctoral Student, University of North Carolina at Chapel Hill

Haden Maloney, ATC

Athletic Training, Xavier University

Jessica Barrett, PhD, ATC

ASSISTANT PROFESSOR OF ATHLETIC TRAINING, Springfield College

Karen Holmes, DAT

Indiana State University

Kristen L Kucera, PhD, MSPH, ATC, LAT

Associate Professor, University of North Carolina at Chapel Hill

Rebecca Stearns, PhD, ATC

COO , Korey Stringer Institute

Samantha Scarneo-Miller

Assistant Professor, Program Director, West Virginia State University

Tamara Carlisle, MA, LAT, ATC

A.T. Still University

Tina Claiborne, PhD, ATC, CSCS

Professor and Graduate Athletic Training Program Director, Adrian College

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, III, IV, VCEU: 1 Category A CEU Moderator: Rebecca Stearns, PhD, ATC, PES, University of Connecticut Emergency Planning and Catastrophic Injury Surveillance of Catastrophic Sport and Exercise-Related Injury and Illness Among Middle School, High School and College Athletes, 2013-14 Through 2018/19 Kristen L Kucera, PhD, MSPH, ATC, University of North Carolina at Chapel Hill Athletic Directors Report of Exertional ...

Thursday, Jun 24

Emergency Response To Joint Dislocation Reduction Techniques

Emergency Preparedness/Response

Lecture

Mike Diede, PhD, ATC

Program Director, Brigham Young University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: III Skill Level: Essential Theme: Emergency Planning/Response Joint dislocations are a small but important percentage of athletic injuries encountered by AT's. Using the management of joint dislocation position statement (2019), I will discuss and practice hands on techniques. Growing evidence points toward early reduction of dislocations contributing to better outcomes and reduced secondary injury. AT's ...

Thursday, Jun 24

Emergency Skill Consideration for the Athletic Trainer Working in Rural and Remote Settings

Emergency Preparedness/Response

Lecture

Mark Hoffman, PhD, ATC, EMT
Oregon State University

Valerie Moody, PhD, LAT, ATC
Professor, University of Montana

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: III Skill Level: Essential Theme: Emergency Planning/Response Athletic trainers are well versed in emergency planning and providing acute care for injuries and illnesses; however, traditionally this care is provided in urban centers where advanced care and resources are readily available. With more ATs working in rural or remote locations, new challenges arise in the emergency ...

Thursday, Jun 24

Energy Drinks & Other Caffeinated Products: Any Evidence To the Hype?

Ergogenic Aids

Lecture

Matthew S. Ganio, PhD, FACSM
Professor & Department Head, University of Arkansas

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I Skill Level: Essential Theme: Ergogenic Aids Almost every athlete consumes caffeine in some form every day. Athletic trainers need to know the facts on athletes' caffeine consumption. Specifically, athletic trainers need to know the legal amount of caffeine that can be consumed. They need to be able to identify any benefit of athletes consuming ...

Thursday, Jun 24

Enhancing Health and Safety for Secondary School Athletics: Grants, Initiatives, and Resources from the Korey Stringer Institute

Lecture

Christianne Eason, PhD, ATC
President of Sport Safety, Korey Stringer Institute, University of Connecticut

Douglas Casa, PhD, ATC, FNATA
CEO and Professor, Korey Stringer Institute, University of Connecticut

Rebecca Stearns, PhD, ATC
COO, Korey Stringer Institute

Robert Huggins, PhD, LAT, ATC
President of Research and Athlete Performance and Safety, Korey Stringer Institute, University of Connecticut

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: V Skill Level: Advanced This presentation will inform athletic trainers of options available to aid their care of student-athletes in the secondary school setting. The Korey Stringer Institute has developed four programs designed to collaborate with other sports medicine and healthcare professionals to provide the best information available to: 1) conduct surveillance of catastrophic injuries ...

Thursday, Jun 24

Evidence-Based Management of Overhead Athletes

Free Communications Oral

Allison Susa

Athletic Trainer , University of Minnesota Duluth

Arianna Bakst

Marist College

Jason Croci, MS, ATC, EMT

Ms ATC EMT, Adrian College

Katsumi Takeno, PhD, AT, ATC

University of North Georgia

Kelly Lumpkin

Associate Professor, Liberty University

Kennedy Dewey, MS, LAT, ATC

George Mason University

Kevin Laudner, PhD, ATC

Dean, Professor, University of Colorado Colorado Springs

Matthew Moreau, DAT, LAT, ATC

A.T. Still University

Nicholas Mirabito, MS, LAT, ATC

Instructor, Temple University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, IVCEU: 1 Category A CEU Moderator: Kevin Laudner, PhD, ATC, University of Colorado at Colorado Springs Evidence-Based Management of Overhead Athletes Descriptive Report of Injuries Sustained by Secondary School Baseball Players Categorized by Level of Community Socioeconomic Status Matthew Moreau, DAT, LAT, ATC, A.T. Still University The Epidemiology of Injuries in Middle School Baseball Between the 2015/16 and ...

Thursday, Jun 24

Extending Our Own Career: How To Take Care of the Athletic Trainer's Mental Health and Wellness

Mental Wellness

On-Demand Lecture

Christianne Eason, PhD, ATC

President of Sport Safety, Korey Stringer Institute, University of Connecticut

Stephanie Singe, PhD, ATC, FNATA

Associate Professor, University of Connecticut

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: V Skill Level: Essential Theme: Mental Wellness The athletic training prioritized research agenda includes a push to develop solutions to improve work-life balance. Despite reports that working as an athletic trainer can provide great personal and professional rewards, the reliance student-athletes and patients can have on their athletic trainer has the potential to stimulate the ...

Thursday, Jun 24

Global Pandemic COVID-19: Mental Health Resources for Front Line Health Care Workers

Mental Wellness

On-Demand Lecture

Donita Valentine, DAT, ATC, SFMA

James 'Bubba' Wilson, LAT, ATC, CCISM
Memorial Hermann Hospital

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I Skill Level: Advanced Theme: Mental Wellness Athletic trainers are health care workers on the front lines of many medical emergencies with no exception given to COVID-19. Many athletic trainers were shifted to new duties which might have included exposing them to a potentially life threatening illness, witnessing the burden placed on families and patients ...

Thursday, Jun 24

Hot Topics In Sports Nutrition + Tasty Applications: Expert Dietitian Panel

Ergogenic Aids

Lecture

Dana White, MS, ATC, RD
Quinnipiac University and Dana White Nutrition, Inc

Jennifer Doane, RD, CSSD, ATC
President, Advantage Nutrition & Wellness, LLC

Katie Knappenberger, RD, CSSD, ATC
Director of Performance Nutrition, Northwestern University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I Skill Level: Advanced Theme: Ergogenic Aids Regardless of the athletic populations served and/or practice settings, Athletic trainers (ATs) find that their athletes require care for nutrition-related conditions. This panel of sports dietitians will share their areas of expertise and facilitate a conversation with the audience about some of the hottest topics in sports nutrition ...

Thursday, Jun 24

I'm Certified- Now What? Strategies for Transition to Practice

Free Communications Oral

On-Demand Lecture

Ashley Thrasher, EdD, LAT, ATC

Assistant Professor, Western Carolina University

Cailee Welch Bacon

A.T. Still University

Daniel Dobrowolski, LAT, ATC

Indiana State University

Dyllan Hofmann, DAT, LAT, ATC

Developing and Assessing Clinical Reasoning in Athletic Training Residency Programs, Indiana State University

Lindsey Eberman, PhD, LAT, ATC

Indiana State University

Matthew Rivera, DAT, LAT, ATC

Assistant Professor, Indiana State University

Sarah Lyons, MS, ATC, PES

Associate Director Athletic Training, Stanford University

Stacy Walker, PhD, ATC, FNATA

Professor of Athletic Training, Ball State University

Tricia Kasamatsu, PhD, ATC

Associate Professor, California State University, Fullerton

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: IVCEU: 1 Category A CEU Moderator: Lindsey Eberman, PhD, LAT, ATC, Indiana State University I'm Certified- Now What? Strategies for Transition to Practice Factors Influencing Athletic Trainers to Pursue Residency Training Daniel Dobrowolski, LAT, ATC, Indiana State University Multi-Stakeholder Perceptions of Young Professionals' Integration During Role Transition Ashley Thrasher, EdD, LAT, ATC, Western Carolina University Multi-Stakeholder Perspectives of Organizational Aspects ...

Thursday, Jun 24

Implementing an Emergency Action Plan for Mental Health Illness

Mental Wellness

On-Demand Lecture

Jennifer (Ginger) Gilmore Childress, DBH, MEd, ATC

Director of Behavioral Medicine/Athletic Trainer Football, University of Alabama

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, III Skill Level: Essential Theme: Mental Wellness This presentation will describe how to implement an emergency action plan (EAP) for mental health illness in an athletic setting. Specifically, this lecture will describe the NATA and NCAA guidelines for mental health illnesses such as depression and suicide. An emphasis will be placed on athlete mental ...

Thursday, Jun 24

Improving Hydration During Sport and Physical Activity: Habitual Fluid Intake and the Role of Hydration Supplements (EBP)

Ergogenic Aids

Evidence-Based Practice

William M. Adams, PhD, ATC, FACSM

Associate Director, Sports Medicine Research, United States Olympic & Paralympic Committee

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, IV Skill Level: Essential Theme: Ergogenic Aids Debate exists about optimal fluid intake recommendations during exercise for athletes. Additionally, numerous food additives (e.g., sodium), supplements (e.g., glycerol), and products exist claiming to improve hydration but may have little to no effect or be banned by sport organizations. In this presentation, current fluid intake recommendations ...

Thursday, Jun 24

Instrument-Assisted Soft-Tissue Mobilization: New Research and Updated Clinical Standards

On-Demand Lecture

Scott Cheatham, PhD, DPT, ATC

Professor, California State University Dominguez Hills

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: IV Skill Level: Essential Instrument-assisted soft-tissue mobilization (IASTM) is a popular myofascial compression intervention used by sports medicine professionals. The last few years have seen a rapid growth in research and changes in the way the treatment is administered. This presentation will provide an evidence-based update on scientific concepts and best clinical practices for IASTM. ...

Thursday, Jun 24

ATSS Keynote: Athletic Training in the Pandemic

This session is not eligible for CEUs

Athletic Training Student Seminar Lecture

Ellis Mair, EdM, ATC

Co-Founder, Chief Medical Officer, Go4Ellis

When facing a global pandemic, athletic trainers demonstrated resilience, flexibility and creativity to enter and lead in healthcare realms where they may have never worked before. Utilizing their education and training and demonstrating great resilience, they were able to fill important roles in many different settings. This lecture discusses the impact athletic trainers had on healthcare during the COVID-19 pandemic and the skills that made them an integral part of the public health response. At the end of this session, students will be able to: Students will understand the importance of resilience in healthcare Students will be able to describe ...

Thursday, Jun 24

Infection Control in Interscholastic Athletic Health Care Post COVID-19 "Lessons Learned: Policy Implementation"

Lecture

James Zachazewski, ATC, PT, DPT
Brigham & Women's Hospital

Michael Belanger, ATC, PT, MSPT
Clinical Supervisor of Athletic Training, Brigham & Women's Hospital

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: V Skill Level: Essential COVID-19 brought about change in the culture and the delivery of health care in the athletic training environment. Policy implementation as it relates to infection control and return to play from infection/quarantine were the key pillars to controlling the spread of infection and preventing catastrophic consequence of returning to high level ...

Thursday, Jun 24

Living Your Best Life as an Athletic Trainer: Professional Development and Quality of Life

Free Communications Oral

Alicia Lacy, PhD, ATC
Post-Doctoral Research Fellow, A.T. Still University

Andrew Gallucci, PhD, LAT, ATC
Associate Professor, Baylor University

Emily Mulkey, MS, LAT, ATC
Assistant Athletic Trainer, Virginia Commonwealth University

Justin Young, DAT, LAT, ATC
Athletic Trainer, Franciscan Health Lafayette

Kathryn Downs
University of South Carolina - Columbia

Kenneth Games, PhD, LAT, ATC
Associate Professor, Director of Clinical Education, Indiana State University

Leslie Oglesby, PhD, LAT, ATC
The University of Southern Mississippi

Nydia Cabra
Lecturer, University of Texas at San Antonio (UTSA)

Timothy Gilgallon, LAT, ATC
Assistant Director Of Occupational Safety, Korey Stringer Institute

Tina Riordan, MS, LAT, ATC
Ph.D. Student and Graduate Teaching Fellow, Springfield College

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: II, IVCEU: 1 Category A CEUAthletic Trainer Resilience During the COVID-19 PandemicKenneth Games, PhD, LAT, ATC, Indiana State UniversityAthletic Trainers' Familiarity with and Perceptions of Athletic Training Scope of PracticeNydia Cabra, DAT, LAT, ATC, A.T. Still UniversityAthletic Trainers' Perceptions of and Experiences with Unlearning in Clinical PracticeAlicia Lacy, PhD, ATC, A.T. Still UniversityBurnout and Commission ...

Thursday, Jun 24

Lower Extremity Muscle and Cartilage Imaging

Free Communications Oral

On-Demand Lecture

Caroline Lisee

The University of North Carolina at Chapel Hill

Christopher Johnston, PhD, LAT, ATC

Assistant Professor, High Point University

Cynthia Wright, PhD, ATC

Whitworth University

Danielle Torp

Doctoral Candidate, University of North Carolina at Charlotte

David Sherman, DPT, ATC

University of Toledo

Hsin-Min Wang, PhD

National Changhua University of Education

Kyeongtak Song, PhD, ATC

Post-Doctoral Research Scholar, University of Kentucky

Matthew Harkey, PhD, ATC

Assistant Professor, Michigan State University

Soo Jin Kim

Inha University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: II CEU: 1 Category A CEU Lower Extremity Muscle and Cartilage Imaging Pre-Operative Femoral Cartilage Ultrasound Echo-Intensity Associates with Patient-Reported Outcomes at One Year Following Anterior Cruciate Ligament Reconstruction Matthew Harkey, ATC, PhD, Michigan State University Ultrasound Assessment of Femoral Cartilage Thickness after Anterior Cruciate Ligament Reconstruction: A Longitudinal and Case Control Study Caroline Lisee, PhD, ATC, University of North Carolina ...

Thursday, Jun 24

Mental Wellness and Disparities in Ethnically Diverse Populations

Mental Wellness

On-Demand Lecture

Chantelle Green, PsyD, ATC

Clinical Sport Psychologist, University of Oklahoma

Kevin Ahmaad Jenkins, PhD

Center for Health Equity Research and Promotion (CHERP) | Philadelphia VA Medical Center

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, III, V Skill Level: Essential Theme: Mental Wellness When discussing mental wellness amongst ethnically diverse populations, race and ethnicity are two key factors in the pursuit and provision of services. In addition to the stigma surrounding mental health, ethnically diverse populations face additional discrimination, stress due to racial and cultural expectations and decreased access ...

Thursday, Jun 24

Mind the Gap! Updating Recommendations To Keep Members Informed

On-Demand Lecture

Johna Register -Mihalik, PhD, LAT, ATC

Associate Professor, University of North Carolina at Chapel Hill

Steven Broglio, PhD, ATC

Professor, University of Michigan Concussion Center

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: V Skill Level: Essential The Pronouncements Committee is responsible for supporting the development of position statements which clinicians use to support evidence-based clinical decision making. To maximize the benefit of recommendations to clinical practice, understanding the structure of statements is important. As new and critical clinical evidence becomes available, efforts are made to get timely ...

Thursday, Jun 24

More Than Just Words: Intersectional Microaggressions and the Journey To Eliminate Cultural Barriers To Patient Care

Lecture

Candace Lacayo, PhD, LAT, ATC

George Mason University

Karlita Warren, PhD, ATC

University of La Verne

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, V Skill Level: Advanced In healthcare, microaggressions have been defined as implicit discrimination in healthcare settings. Microaggressions experienced in healthcare settings have the potential to develop negative physical and mental health outcomes for patients; consequently, contributing to perpetuated health disparities. Historically, microaggression research and its deleterious effects on health are typically focused on a single ...

Thursday, Jun 24

Moving the Needle on Concussion Evaluation Techniques

Free Communications Oral

Carolina Quintana, PhD, ATC
California State University, Fresno

Catherine Donahue, MEd, AT
University of Virginia

Christine Callahan, MS, RYT-200
The University of North Carolina at Chapel Hill

Johna Register -Mihalik, PhD, LAT, ATC
Associate Professor, University of North Carolina at Chapel Hill

Kimberly Hill
Marshall University

Landon Lempke, PhD, LAT, ATC
Post-Doctoral Research Fellow, Boston Children's Hospital

Scotty Piland
Professor & Director School of Kinesiology & Nutrition, The University of Southern Mississippi

Taren Bone
MS,LAT,ATC, Marshall University

Thomas Newman, PhD, ATC, LAT
University of Virginia

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, IVCEU: 1 Category A CEU Moderator: Scott Piland, PhD, ATC, University of Southern Mississippi Moving the Needle on Concussion Evaluation Techniques Symptom Provocation During Early-Stage Concussion Rehabilitation: A Randomized Trial of Two Protocols in Professional, Collegiate/University and Interscholastic Athletes Johna Register-Mihalik, PhD, LAT, ATC, University of North Carolina at Chapel Hill The Association Between Sensation-Seeking Behaviors and Concussion-Related ...

Thursday, Jun 24

Myofascial Decompression

On-Demand Lecture

Ashley Doozan, MS, ATC
Assistant Athletic Trainer, University of Virginia

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: IV Skill Level: Advanced According to Cage, et al, while the majority of athletic trainers did not view cupping therapy as necessary to their clinical practice, the majority did use the tool in their weekly practice. The relationship between actual knowledge and pursuit of continuing education suggestion that continuing education may improve knowledge of cupping ...

Thursday, Jun 24

Network Connectivity Problems: Exploring the Link Between Mental Wellness and Neurophysiological Function After ACL Injury

Mental Wellness

Lecture

Adam S. Lepley, PhD, ATC

Clinical Assistant Professor, University of Michigan

Julie Burland, PhD, ATC, CSCS

Postdoctoral Research Fellow, Brigham & Women's Hospital, Spaulding National Running Center

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, IV Skill Level: Advanced Injury to the anterior cruciate ligament (ACL) has detrimental effects on long-term health. Alterations in strength and neural activity are factors that contribute to rehabilitation failure after ACL reconstruction (ACLR); however, psychological deficits such as fear-avoidance, self-efficacy and clinical depression also hinder rehabilitative success and diminish mental wellness. Recent ...

Thursday, Jun 24

Neural Outcomes & LE Injury

Free Communications Oral

On-Demand Lecture

Cale Chaltron, MS, AT, ATC

University of Toledo

Jasmine Cash, MS

Medical University of South Carolina

Joosung Kim

PhD, ATC, University of Miami

Justin Rush, MS, AT, ATC

University of Toledo

Kyoungyoun Park-Braswell, PhD, ATC

Indiana Wesleyan University

Nathan Vorst

External Focus and Brain Activity with Single Limb Balance Performance, Paderborn University

Phillip Gribble

PhD, ATC, FNATA, University of Kentucky

Shiho Goto

Clinical Biomechanist, Texas Health Sports Medicine

Steven Davi, MS, ATC

University of Connecticut

Yangmi Kang, MS, ATC

New Mexico State University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: ICEU: 1 Category A CEU Neural Outcomes & LE Injury Changes in Knee Joint Loading in Individuals with Anterior Cruciate Ligament Reconstruction Across Times Shiho Goto, PhD, ATC, Texas Health Sports Medicine Inefficient Visual Cortex Activation Is Associated With Postural Control Deficits in Anterior Cruciate Ligament Reconstruction Patients Yangmi Kang, MS, ATC, New Mexico State University Examining the Dynamic Complexity of ...

Thursday, Jun 24

Patients From Christian, Muslim and Atheist Backgrounds Walk Into the Athletic Training Facility: Best Practices for Interfaith Etiquette in Patient Care

On-Demand Lecture

Megan Granquist, PhD, ATC

Professor of Kinesiology & Director of the MS Athletic Training Program, University of La Verne

Sarah Cook, PhD, ATC

Assistant Professor, Pacific University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, IV, V Skill Level: Essential Patients' worldviews are diverse and athletic trainers knowledge of interfaith concepts is essential in providing quality, culturally-competent care that considers the whole patient. Therefore, this session will focus on how athletic trainers, as healthcare professionals, interact with and provide treatment with consideration of patients' religious, spiritual, and secular ...

Thursday, Jun 24

Pediatric Athletes and Concussion: Yes They Are Different Than Adults

Free Communications Oral

Ashley Gray

Moravian College

Chelsea Frascoia, MS, LAT, ATC

University of Arkansas

Elizabeth Washington, ATC

George Mason University

Nicholas Erdman

Postdoctoral Research Fellow, George Mason University

Patricia Kelshaw

Assistant Professor, University of New Hampshire

Patricia Roby, PhD, ATC

Postdoctoral Research Fellow, The Children's Hospital of Philadelphia

Samantha Hacherl, ATC

George Mason University

Shane Caswell, PhD, ATC

Executive Director SMART Laboratory and Professor of Athletic Training, George Mason University

Tamara Valovich McLeod, PhD, ATC

Professor and Director, Athletic Training Programs, A.T. Still University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, IVCEU: 1 Category A CEUModerator: Shane Caswell, PhD, ATC, George Mason UniversityPediatric Athletes and Concussion: Yes They Are Different Than AdultsExploring the Effect of Family History of Anxiety on Clinical Outcomes in Adolescents with Sport-Related ConcussionChelsea Frascoia, MS, ATC, LAT, University of ArkansasPost-Concussion Visio-Vestibular Function in the Private Secondary School SettingPatricia Roby, PhD, ...

Thursday, Jun 24

Postural Control and Movement Quality

Free Communications Oral

On-Demand Lecture

Ben Morse, MS, AT, ATC

University of Toledo

Emma Zuk, MS, ATC

University of Connecticut

Janet Simon, PhD, AT, ATC

Ohio University

Ke'La Porter, LAT, ATC, CSCS

University of Kentucky

Naoko Giblin, PhD, ATC

Associate Professor, University of Wisconsin - La Crosse

Rachel Koldenhoven Rolfe, PhD, ATC

Assistant Professor, Texas State University - San Marcos

Sunghoon Chung, MS, ATC

Old Dominion University

Susan Saliba, PhD, ATC, FNATA

University of Virginia

Timothy Mauntel, PhD, ATC

Womack Army Medical Center

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: ICEU: 1 Category A CEU Postural Control and Movement Quality Counter movement Jump Performance Differences in Females With and Without History of Anterior Cruciate Ligament Construction Naoko Giblin, PhD, ATC, University of Wisconsin-Crosse Neurocognitive Function Influences Dynamic Postural Stability Strategies In Collegiate Athletes Ke'La Porter, LAT, ATC, CSCS, University of Kentucky Trunk and Lower Extremity Kinematic and Kinetic Characteristics of Good and ...

Thursday, Jun 24

Preventing Sudden Death in Exertional Conditions in Sport

Emergency Preparedness/Response

On-Demand Lecture

Rod Walters, DA, ATC

Walters Inc., Consultants in Sports Medicine

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: III Skill Level: Advanced Theme: Emergency Planning/Response The incidence of non-traumatic deaths in intercollegiate and interscholastic sports centers around football, though they are evident in other sports as well. These crisis provide an opportunity to review best practices for the prevention of sudden death in athletics programs. Common elements that can contribute to indirect deaths ...

Thursday, Jun 24

Quality of Life After Lower Extremity Injury

Free Communications Oral

Adam Rosen, PhD, ATC

Associate Professor, University of Nebraska at Omaha

Ashley Suttmilller, MEd, ATC

Old Dominion University

Carrie Docherty

Professor and Executive Associate Dean, Indiana University

Christopher Kuenze, PhD, ATC

Michigan State University

David Bazett-Jones, PhD, ATC, CSCS

Associate Professor, Director of the Post-Professional Athletic Training Program, The University of Toledo

Francesca Genoese-Strathe, MS, ATC

Michigan State University

Jennifer Howard, PhD, LAT, ATC

Assistant Professor, Appalachian State University

Jennifer Tinsley, MS, LAT, ATC

University of Kentucky

Katherine Bain, ATC, PT

AT, PT, DPT, University of Kentucky

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, III, IVCEU: 1 Category A CEU Moderator: Carrie Docherty, PhD, LAT, ATC, Indiana University Quality of Life After Lower Extremity Injury A Comparison of Subjective and Objective Measures in Adolescents and Young Adults with Lateral Ankle Sprain History Katherine Bain, ATC, PT, University of Kentucky Pain is a Common Experience in High-School Runners but Does Not Influence Performance or ...

Thursday, Jun 24

Racial Disparities and Inequalities in Health Care

Lecture

Kysha Harriell, PhD, LAT, ATC

University of Miami (FL)

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I Skill Level: Essential This presentation describes health inequalities inherent to health care in the United States of America. This presentation will examine the social determinates of health mostly responsible for unfair and avoidable differences in health status between racial and ethnic groups. This presentation will discuss the role of bias, racism, and discrimination in ...

Thursday, Jun 24

Recognizing & Managing a Potentially Suicidal Patient

Mental Wellness

On-Demand Lecture

Jennifer Ostrowski, PhD, LAT, ATC

Associate Professor, Director Doctor of Athletic Training Program, Moravian University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I Skill Level: Advanced Theme: Mental Wellness Mental illness is common in the United States with 6.8% of adults and 12.8% of adolescents experiencing a major depressive episode each year. Increased time demand of athletics, pressure to perform, pain and injury are risk factors for developing mental illness. Athletic trainers report feeling underprepared to handle ...

Thursday, Jun 24

Restoring Function in ACL-R Patients

Free Communications Oral

On-Demand Lecture

Brian Pietrosimone, PhD, ATC

University of North Carolina at Chapel Hill

Colin Mulligan, MA, ATC

Oregon State University

Erika Zambarano, MS, AT, ATC

University of Toledo

Grant Norte, PhD, ATC, CSCS

Associate Professor, University of Toledo

Hannah Copenhaver, LAT, ATC

Athletic Training Resident, Vail - Summit Orthopaedics & Neurosurgery

Meagan Hanley, MS, ATC, LAT

The Steadman Clinic

Meredith Decker

Clinical Assistant Professor, The University of Texas at Arlington

Sara Barker

Marist College

Stephan Bodkin, PhD, ATC

Postdoctoral Research Fellow, University of Colorado Anschutz Medical Campus

Xavier Thompson, MS, ATC

University of Virginia

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: IVCEU: 1 Category A CEURestoring Function in ACL-R PatientsAnterior Cruciate Ligament Repair Using the InternalBrace™ Ligament Augmentation TechniqueSara Barker, Marist CollegeBiomechanical Underloading During Gait is Linked to Less Physical Activity in Individuals with Anterior Cruciate Ligament ReconstructionBrian Pietrosimone, PhD, ATC, University of North Carolina at Chapel HillDisagreement in Pass Rates Among Different Components of Return ...

Thursday, Jun 24

An Introduction to LGBTQIA2S+ Education, Inclusion, and Advocacy for the Athletic Training Student

This session is not eligible for CEUs

Athletic Training Student Seminar Lecture

Lyn Meyerhoff, MS, LAT, ATC (she/they)

Meghan Wonderling, DPT, LAT, ATC, CSCS

At the end of this session, students will be able to: Define important terminology associated with Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, and Asexual (LGBTQIA+) patient populations. Discuss strategies to incorporate appropriate pronoun usage into clinical practice. Identify LGBTQIA+ inclusive documentation strategies in Athletic Training. Identify resources available to aid in the equitable treatment of LGBTQIA+ patients.

Thursday, Jun 24

Beyond the Binary: Exploring Transgender, Non-Binary (NB), Gender Non-Conforming (GNC) and Other Identities Within the LGBTQIA2S+ Community

This session is not eligible for CEUs

Athletic Training Student Seminar Lecture

Lyn Meyerhoff, MS, LAT, ATC (she/they)

Meghan Wonderling, DPT, LAT, ATC, CSCS

At the end of this session, students will be able to: Define important terminology specifically associated with transgender, NB, and GNC patient populations. Discuss holistic healthcare needs and unique medical information in clinical practice. Identify specific ways in which external sources create various challenges surrounding social determinants of health for transgender, NB, and GNC patients. Identify key factors and resources available to create equitable spaces for and treatment of transgender, NB, and GNC patients.

Thursday, Jun 24

Scope of Practice: Incorporating Standing Orders To Encourage Responsible Practice

On-Demand Lecture

Ciara Ashworth, LAT, ATC
Kamiakin High School

Kevin Stalsberg, EdS, LAT, ATC
Health Science/Sports Medicine Teacher, Shawnee Mission School District

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: V Skill Level: Essential A recent survey developed and deployed by the NATA Professional Responsibility in Athletic Training (PRAT) committee indicated that the membership found scope of practice to be a significant issue in athletic training today. How can the athletic trainer incorporate new clinical skills and practice responsibly within the scope of practice? This ...

Thursday, Jun 24

Shoulder Instability in the Youth Athlete: Clinical and Surgical Management

Lecture

Jay Albright, MD

Children's Hospital Colorado

Jordan Teboda, MS, LAT, ATC

University of Colorado Steadman Hawkins Clinic

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, IV Skill Level: Advanced Glenohumeral instability in the youth athlete is a prevalent condition that can affect the long-term functionality of the shoulder joint as well as impact athletic performance and participation. Due to the complexity of the developing shoulder joint in pediatric patients, considerations to preserving the long-term health of articular surfaces ...

Thursday, Jun 24

Socio-Cultural Examination in Patient-Centered Care

Free Communications Oral

Anthony Cosby, MA, ATC

Athletic Trainer, Syracuse University

Brea Stanton, ATC

Indiana State University

Carly Wilson

Graduate Assistant Athletic Trainer, University of South Carolina - Columbia

Claire Brewer

University of Alabama

Daniel Walen, DAT, AT, ATC

Assistant Athletic Trainer, Adjunct Professor, Western Michigan University

Eliza Barter, DAT, LAT, ATC

Indiana State University

Hannah Robison, MS, LAT, ATC

Research Assistant, Datalys Center for Sports Injury Research and Prevention

Jessica Wallace, PhD, LAT, ATC

The University of Alabama

Jodee Roberts

Indiana State University

Kim Evans

Industrial Athletic Trainer, Bingham Memorial Hospital

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, IV, VCEU: 1 Category A CEUSocio-Cultural Examination in Patient-Centered CareRelationship Between Racial Identity and Concussion Care-Seeking Behaviors in Collegiate Student-AthletesAnthony Cosby, LAT, ATC, University of North Carolina at Chapel HillPreliminary Investigation between Race as a Social Determinant of Health and Symptom Endorsement Following a Sport-Related ConcussionClaire Brewer, University of AlabamaUnderstanding Foundational Patterns of ...

Thursday, Jun 24

Social Determinants of Health and the Impact on the Health & Well-Being of LGBTQIA+ Patients

Mental Wellness

Lecture

Jennifer Sturtevant, MBA, LAT, ATC

Ambulatory Services Supervisor, MelroseWakefield Healthcare

Sean Rogers, DAT, ATC

Associate Professor, Drake University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, IV, V Skill Level: Advanced Theme: Mental Wellness The purpose of this presentation is to explore the relationship(s) between Social Determinants of Health and the overall health and wellbeing of LGBTQ+ patient populations. During this presentation, participants will be exposed to case scenarios that illustrate the impact that Social Determinants of Health can have ...

Thursday, Jun 24

Social Determinants of Health & Mental Health

Mental Wellness

On-Demand Lecture

Kelsey Picha, PhD, ATC

A.T. Still University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I Skill Level: Essential Theme: Mental Wellness Social determinants of health (SDH) are conditions in which people live, learn, work, and age. Social factors (i.e. neighborhood, education, and early childhood experiences), when negative, have been found to contribute to chronic stress and lead to mental health disorders. Athletic trainers are positioned to identify and intervene ...

Thursday, Jun 24

Sport Injury Epidemiology and Treatment Services

Free Communications Oral

On-Demand Lecture

Adrian Boltz

Research Associate, Datalys Center for Sports Injury Research and Prevention

Cassidy Evans Windsor, MS, ATC

Instructor/Athletic Trainer, A.T. Still University / The University of West Alabama

Cathleen Brown Crowell, PhD, ATC

Clinical Associate Professor, Oregon State University

Eric Post, PhD, ATC

Assistant Professor, Indiana State University

Hollye Robinson

Mercer University

Kenny Lam, ScD, ATC

Professor, A.T. Still University

Kevin Biese, MA, LAT, ATC

Doctoral Candidate, University of Wisconsin-Madison

Michael Soucy

Oregon State University

Patrick Fleming, LAT, ATC

George Mason University

Tyler Beauregard, MS, ATC, CSCS

PhD Student, Ohio State University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: ICEU: 1 Category A CEUSport Injury Epidemiology and Treatment ServicesThe Epidemiology of Injuries in Middle School Wrestling Between the 2015/16 and 2019/20 School YearsPatrick Fleming, ATC, George Mason UniversityAssociations Between Injury and Sport Specialization Behaviors in Youth BasketballEric Post, PhD, ATC, Indiana State UniversityDescriptive Epidemiology of Acute and Overuse, Time-Loss and Non-Time-Loss Lateral Ankle Sprains ...

Thursday, Jun 24

Tactical Athletes Injury Reporting and Perceptions

Free Communications Oral

Alexandria Gregory

Henry M Jackson Foundation, Consortium for Health and Military Performance, USUHS

Amelia Barrett MS, ATC

Henry M. Jackson Foundation, Consortium for Health and Military Performance, USUHS

Brittany Ingram, MA, LAT, ATC

University of North Carolina at Chapel Hill

Jacob Powell, MS, ATC

University of North Carolina at Chapel Hill

Jessica Naclerio

Marist College

Kenneth Cameron, PhD, MPH, ATC

John A. Feagin Jr. Sports Medicine Fellowship, Keller Army Hospital

Kristen Neitz, MS, LAT, ATC

ORISE/USARIEM

Kymerli Mathis, MS, LAT, ATC

ORISE Research Fellow, ORISE/USARIEM

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, II, IVCEU: 1 Category A CEU Moderator: Kenneth Cameron, PhD, MPH, ATC, John A Feagin Jr. Sports Medicine Fellowship, Keller Army Hospital Tactical Athletes Injury Reporting and Perceptions The Effects of mTBI Lifetime Incidence on Cortical Thickness in Special Operations Force Combat Soldiers Jacob Powell, MS, LAT, ATC, University of North Carolina at Chapel Hill Factors Associated With ...

Thursday, Jun 24

Taking Your Emergency Planning to the Next Level: Safe Sports Network's Implementation of a "Drop the Dummy" Program in the Secondary School Setting

Emergency Preparedness/Response

On-Demand Lecture

Amy Hollingworth

Executive Director, New Hampshire Musculoskeletal Institute

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, III, V Skill Level: Advanced Theme: Emergency Planning/Response Emergency action plans (EAPs) that are well-designed and rehearsed with each athletic team provide responders with an organized approach to managing emergencies. Annual rehearsals can maintain emergency response skills at a high level of competency and decrease response time and knowledge decay. "Drop the Dummy" (DTD) ...

Thursday, Jun 24

The Athletic Trainer Role: How Comprehensive Collaboration Between Health Care Professions Can Assist in Better Outcomes During a Mass Casualty Event

Emergency Preparedness/Response

On-Demand Lecture

Laura Hepple, ATC, BDLS, CES

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: III Skill Level: Advanced Theme: Emergency Planning/Response 200-million disaster deaths have occurred worldwide in the last century. Health care professionals should all have a universal strategy for the effective management of mass casualty incidence. BLS knowledge teaches us how to deal with day-to-day emergencies and provide the best care for each individual patient. However, knowing ...

Thursday, Jun 24

The Effectiveness of Diet, Nutritional Supplements and Physical Activity Versus Medications for the Treatment of ADHD (EBP)

Mental Wellness

Evidence-Based Practice

Dawn Weatherwax, ATC, RD, CSSD
CEO, Sports Nutrition 2Go

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, IV Skill Level: Advanced Theme: Mental Wellness Attention-deficit hyperactivity disorder (ADHD) is one of the most common neurodevelopmental conditions in children. ADHD is typically addressed using medication, psychotherapy, behavioral therapy, or a combination. However, researchers recommend a multimodal approach to pediatric ADHD treatment. The use of nutritional supplements in the treatment of ADHD ...

Thursday, Jun 24

The Global Challenges of COVID-19: Opportunities for Prioritizing Psychological Resources and Recovery Methods

Mental Wellness

Lecture

Tadhg MacIntyre, PhD, AASP Fellow
Dr, Maynooth University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, III Skill Level: Advanced Theme: Mental Wellness Traditional accounts of athlete recovery and rest will be advanced by sharing emerging scientific perspectives on the role of mental rest and psychological recovery. At the core of this approach is the fundamental premise that mental health and well-being are everybody's business. From sports performers to athletic ...

Thursday, Jun 24

The Concussion Experience: Management and Recovery

Free Communications Oral

On-Demand Lecture

Abigail Bretzin

Postdoctoral Research Fellow, University of Pennsylvania

Allyssa Memmini, MS, ATC

PhD Candidate | Movement Science, University of Michigan

Avinash Chandran, PhD, MS

Director, NCAA Injury Surveillance Program, Datalys Center for Sports Injury Research and Prevention

Danica Hahn

Athletic Training Student, Florida International University

Julianne Schmidt, PhD, ATC

Associate Professor, University of Georgia

Michael Aderman

Research Coordinator, Geneva Foundation

Mitchell Barnhart, MS, ATC

A.T. Still University, Phoenix Country Day School

Shelby Baez, PhD, ATC

Assistant Professor, Michigan State University

Tom Bowman, PhD, ATC

University of Lynchburg

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: ICEU: 1 Category A CEU Moderator: Julianne Schmidt, PhD, ATC, University of Georgia The Concussion Experience: Management and Recovery History of Sport-Related Concussion Negatively Influences Knee Self-Efficacy in Individuals with a History of ACL Reconstruction Shelby Baez, PhD, ATC, Michigan State University Collegiate Beach Volleyball Athlete Diagnosed Concussion Turns to Three Level Cervical Disc Herniation Danica Hahn, Florida International University Returning to ...

Thursday, Jun 24

The Medical Model Organizational Structure in Athletic Training

This session is not eligible for CEUs

Athletic Training Student Seminar Lecture

Murphy Grant, MS, ATC, PES, CES

Senior Associate Athletic Director Health Care Administrator, Wake Forest University

This VNATA session will look into the different models of healthcare that is delivered at the collegiate level and will discuss the 3 most important topics to deliver quality healthcare. At the end of this session, students will be learn about: Models of medical care at the collegiate level Best Practices regarding Independent Medical Care Patient Centered Care Medical Autonomy Decision Making

Thursday, Jun 24

Therapeutic Interventions for Ankle and Knee Injuries

Free Communications Oral

Ashley Marshall, PhD, ATC

Assistant Professor of Athletic Training, Appalachian State University

Cameron Powden, PhD, ATC

University of Indianapolis

Derek Dewig, MA, ATC

MA, ATC, The University of North Carolina at Chapel Hill

Jaeho Jang, MA, ATC

University of North Carolina at Chapel Hill

Katelyn Gilday, MS, ATC

Valparaiso University

Kimmery Migel, PT, DPT, OCS

University of North Carolina at Chapel Hill

Lauren Hawkinson, MA, LAT, ATC

University of North Carolina at Chapel Hill

Mary Spencer Cain, PhD, ATC

University of North Carolina at Chapel Hill

Michael Burkhardt, MS

Bluefield College

Thomas Birchmeier, MS, ATC, CSCS

University of North Carolina

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: II, IVCEU: 1 Category A CEUTherapeutic Interventions for Ankle and Knee InjuriesThe Impact of Treatment Characteristics on Self-Reported Function at the Time of Return-to-Play Following an Ankle Sprain Injury: A Report from the Athletic Training Practice-Based Research NetworkAshley Marshall, PhD, ATC, Appalachian State UniversityChanges in Patient-Reported Outcome Measures Following Varied Interventions in Patients With Chronic ...

Thursday, Jun 24

The Relationship Between Concussion and Depression in Athletes

Mental Wellness

Lecture

Lindsey Keenan, PhD, LAT, ATC

Associate Professor / Athletic Trainer, West Chester University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I Skill Level: Essential Theme: Mental Wellness This presentation will explore the multifaceted connections between depression and concussion in athletes. Depression is recognized as a psychological symptom related to sport concussion; however, we have only started to understand this relationship. There may be a causal pathophysiological response to concussion through which depression results, while research ...

Thursday, Jun 24

Training From the Inside Out: A Delineation of Specificity Training for Proximal Segments

On-Demand Lecture

Thomas G. Palmer, PhD, ATC, CSCS*D

Longbranch Elementary School, St. Elizabeth Health Care

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I Skill Level: Advanced Proximal synergy or the ability to actively control the pelvis, spine and trunk has been reported to increase the risk of injury and effect sport performance. The distinct biomechanical contributions of these proximal segments have been well documented regarding injury and function however there is ambiguity among training techniques used to ...

Thursday, Jun 24

Understanding the Emergency Medical Services Response: Preparing To Work Together

Emergency Preparedness/Response

On-Demand Lecture

Rebecca Hirschhorn, PhD, ATC, NRAEMT

Louisiana State University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: III Skill Level: Advanced Theme: Emergency Planning/Response Working together with emergency medical services (EMS) is continuously emphasized in athletic training education and position statements relating to emergent conditions; however, the structure of local EMS services and their protocols vary considerably across the United States. The purpose of this presentation is to review the levels of ...

Thursday, Jun 24

Upper Extremity PNF Techniques

Lecture

Michael Higgins, PhD, ATC, PT

University of Virginia

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: IV, V Skill Level: Essential The focus of functional training is to improve movement and is based on a balance of mobility and stability. This balance requires effective proprioceptive communication between the muscles and joints. If there isn't a balance of mobility and stability, then movement patterns will be dysfunctional. The dysfunction many times can ...

Thursday, Jun 24

Utilization of Epidemiological Data To Create Heat Policies and Reduce Risk Rates (EBP)

Emergency Preparedness/Response

Evidence-Based Practice

Bud Cooper, EdD, ATC, CSCS

Clinical Professor/Clinical Education Coordinator, The University of Georgia

Yuri Hosokawa, PhD, ATC

Dr., Waseda University

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, III, V Skill Level: Advanced Theme: Emergency Planning/Response Currently most sports organizations use a national model to guide policy making as it pertains to extreme weather environments. Recent research has shown that there is a need for either regional or statewide environmental evaluation in order to best provide the basis for pertinent policy development. ...

Thursday, Jun 24

Utilizing Emotional Intelligence in Your Clinical Practice (EBP)

Mental Wellness

Evidence-Based Practice

Lisa Kluchurosky, MEd, AT, ATC

Nationwide Children's Sports Medicine

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: V Skill Level: Advanced Theme: Mental Wellness Now more than ever, the importance of team-based healthcare to achieve best patient outcomes has become more widely recognized, shaping models of care as well as some reimbursement models. Athletic trainers need to be able to function at a higher level as part of a team in order ...

Thursday, Jun 24

Vision, Neurocognition and Dual-Tasking: Implications for Lower Extremity Injury Rehabilitation

Lecture

Adam Rosen, PhD, ATC

Associate Professor, University of Nebraska at Omaha

Christopher Burcal, PhD, ATC

Assistant Professor, Omaha Sports Medicine Research Laboratory

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: IV Skill Level: Advanced In common ligament injuries such as ankle sprain and ACL tears, recent research has also found discrepancies in visual utilization and neurocognitive function. Altered sensorimotor feedback and processing may influence reinjury in individuals with a history of lower extremity injury. Evidence suggests traditional rehabilitation protocols may be inadequate due to high ...

Thursday, Jun 24

What To Do Before Shots Are Fired: Designing an Emergency Action Plan for an Active Shooter Incident at Your Institution (EBP)

Emergency Preparedness/Response

Evidence-Based Practice

Edward Strapp, FP-C, NRP, LAT, ATC

Trooper/Flight Paramedic, Rotational Athletic Trainer

Do not leave the session page or change the speed of the video as this will affect your ability to take the session assessment. You can enable/disable closed captioning in the player control bar and move the text around the session video for better viewing. Domain: I, III, V Skill Level: Essential Theme: Emergency Planning/Response Emergency action plans (EAP) are crucial to increase the odds of survival during an active assailant event. Standard lockdown and shelter in place strategies may not always be the best option for Athletic Trainers (AT). What happens during the school day is different than when AT ...

Thursday, Jun 24

15 for Fitness - Full-Body Proprioceptive Workout

Join NATA member, Emily Buckingham, MS, ATC, as she leads you through a full-body proprioceptive workout. No equipment needed!

Thursday, Jun 24

15 for Fitness - Chair Workout

Stay in your chair as NATA member, Emily Buckingham, MS, ATC, leads you through her favorite chair exercises.

Thursday, Jun 24

15 for Relaxation - Waterfall

Relax with this refreshing waterfall.

Thursday, Jun 24

15 for Fitness - Advanced Abs

Feel the burn with NATA member, Emily Buckingham, MS, ATC, as she leads you through an advanced abs workout.

Thursday, Jun 24

15 for Fun - Penguin

Penguin video provided by the Georgia Aquarium.

Thursday, Jun 24

15 for Relaxation - Jellyfish

Jellyfish video provided by the Georgia Aquarium.

Thursday, Jun 24

15 for Fun - Puppies

Puppy video provided by Wagging Tails Rescue.

Thursday, Jun 24

15 for Relaxation - Campfire

Relax with this peaceful fire, overlooked by the sunset.

Thursday, Jun 24

15 for Fun - Puppy Time

Puppy video provided by Warrior Canine Connection.

Thursday, Jun 24

General Session

Special Event

For the first time in recent convention history, the VNATA 2021 will kick off June 22 with the General Session. During this all-attendee event, NATA Treasurer Chris Hall, MA, LAT, ATC, will provide an association finance update before NATA President Tory Lindley, MA, ATC, delivers his final State of the Association Address. After the State of the Association Address, the Changing of the Guard will take place with Kathy Dieringer, EdD, LAT, ATC, taking office as the 15th NATA president. Dieringer will then give her first official presidential address to membership as she looks to the future and lays the ...

Thursday, Jun 24

Why Great Teams Win with Trevor Moawad presented by Gatorade

Special Event

Trevor Moawad has worked with some of sport's most dominant athletes and teams including the University of Alabama Football Program, Coach Nick Saban, as well as Seattle Seahawks QB Russell Wilson. His task has been to Motivate the Motivated and continually support some of the best on their continued climb to the top. He believes that you don't need to be sick to get better. Moawad's contributions have been important and long-lasting in the sports world and have also been relevant to the business, coaching, education, and special operations community as well. Trevor takes participants through a dynamic program simulating the ...

Friday, Jul 23

04:00 PM - 06:00 PM

2021 Virtual EDAC Career Day

Athletic Training Student Seminar Lecture

Special Event

Join us for the NATA Ethnic Diversity Advisory Committee for the 2021 Virtual EDAC Career Day from 4 to 6 p.m. CDT Friday, July 23! During the EDAC Career Day, students can connect to ethnically diverse athletic trainers as they discuss their athletic training journeys and how mentoring has helped them in their careers. This event is limited to the first 300 attendees.