Contacts:
Robin Waxenberg                                          Tamesha Logan
Robin Waxenberg & Associates                     NATA
robin@robwax.com                                      tameshal@nata.org
917-301-1350                                                 972-532-8807

Summary Comparison of the 2022 Reducing Intentional Head-first Contact Behavior in American Football Players Position Statement to the 2004 Head Down Contact and Spearing in Tackle Football Position Statement

- Changed the title from Head Down Contact and Spearing in Tackle Football to Reducing Intentional Head-First Contact Behavior in American Football Players

- Expanded the original objective, which was to: “decrease the risk of cervical spine fractures and dislocations in football players.” Now: “reducing the prevalence of head-first contact behavior in American football players with the aim of reducing the risk of head and neck injuries”

- Added emphasis on the problem derived from scientific research using head-impact sensor technology, which was not widely available for the original position statement

- Added citations to support recommendations that are assigned a Level of Evidence, with a corresponding Strength of Recommendation Taxonomy (SORT) rating (i.e., A, B or C)

- Retained recommendation categories Rules and Officiating (Regulations) and Education and Coaching (Administration) and removed recommendation category Practices and Concepts

- Added recommendation categories Skill Development and Behavior Modification and Technology and Scientific Research

- Added an overview of the Characteristics of Intervention Studies for Reducing Head-Impact Exposure in American Football, with SORT study quality ratings, in table format.

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