

## NSCA CEU Information for This Event

NSCA-certified individuals attending this event are eligible to receive CEUs in Category A. The National Strength and Conditioning Association (NSCA) has approved up to 1.4 CEUs for certified individuals who attend **approved sessions** (see CEU Grid) at this in-person event.

### Approved Activity Code: L1821-EC2506

Please refer to the CEU Grid below for details on approved sessions and corresponding CEU values. Attendees are responsible for tracking their participation and ensuring compliance with NSCA's continuing education requirements. For more information on CEU eligibility and reporting, visit NSCA's website or contact us at [ki@nata.org](mailto:ki@nata.org).

76th NATA Clinical Symposia & AT Expo				
Start Time	End Time	Event ID	Title	NSCA
10:00 AM	10:55 AM	IL7	Improving Brain Health Through Nutrition and Neurotechnology	0.1
11:25 AM	12:20 PM	LC5	Beyond Eccentric Loading: Uncovering the Keys to Risk Reduction of Hamstring Strain Injuries	0.1
1:15 PM	3:15 PM	LL1	ACL Injury Prevention: The Missing Link	0.2
4:05 PM	5:00 PM	LC2	Are We Heeding the Warnings on Youth Sports Specialization?	0.1
4:05 PM	5:00 PM	IL8	Injury Risk Reduction: Innovations From Performing Arts	0.1
Start Time	End Time	Event ID	Title	
9:00 AM	9:55 AM	IL18	Vaping as a Teenage Athlete: It's All in the Messaging	0.1
10:25 AM	11:20 AM	LC21	New Insight Into the Management of SLAP Lesions in the Throwing Athlete	0
12:45 PM	2:45 PM	LL24	The Benefits of Quadrupedal Movement Training for Rehabilitation	0.2
3:35 PM	4:30 PM	LC10	Designing Injury Prevention Program That Athletes and Coaches Embrace	0.1
Start Time	End Time	Event ID	Title	
9:00 AM	9:55 AM	FR3	Cannabis Educational Strategies in the Athletic Population	0.1
9:00 AM	11:00 AM	LL19	Rethinking Bridges and Planks: Utilization of External Cueing Strategies for More Functional Pre-Activity "Activation" in Professional Soccer	0.2
9:00 AM	11:00 AM	LL28	Upper Extremity Functional Performance Testing and Plyometrics for Performance Enhancement, Injury Prevention and Rehabilitation	0.2
10:25 AM	11:20 AM	LC34	Use of Digital Sport Performance Tools for Assessment and Longitudinal Monitoring of Injury Risk	0.1
12:15 PM	1:10 PM	FR10	Navigating the Complexities of Baseball Injury Screening: What's Important and What's Realistic	0.1
12:15 PM	2:15 PM	LL6	Data to Decision: Using Low-Cost Wearables in Sports Medicine	0.2
			Total:	
Up to 1.4 NSCA CEUs based on attendance to approved sessions outlined above				