Athletic Trainers are **ESSENTIAL** to **HEALTH CARE**.

- ATs promote healthy lifestyle behaviors through education and communication to enhance wellness and minimize the risk of injury and illness.

- ATs implement systematic, evidence-based examinations and assessments to formulate valid clinical diagnoses and determine patients’ plan of care.

- ATs integrate best practices in immediate and emergency care for optimal outcomes.

- ATs rehabilitate injuries, illnesses and general medical conditions with the goal of achieving optimal activity level using the applications of therapeutic exercise, modality devices and manual techniques.

- ATs integrate best practices in policy construction and implementation, documentation and basic business practices to promote optimal patient care and employee well-being.