

Sample Job Description: Military

**SUMMARY OF COMPANY**

*Enter a brief description of who is hiring the AT.*

**POSITION TITLE:** Athletic Trainer

**REPORTS TO:** Medical Director

**QUALIFICATIONS:**

**Required**

**YEARS OF EXPERIENCE:** *Enter preferred years of experience here*

**EDUCATION:** Bachelor's or Master's Degree

**CERTIFICATION/LICENSES:** Must be BOC certified and possess state athletic training licensure, certification or registration. NPI Number Required.

**KNOWLEDGE, SKILLS AND ABILITIES:**

- Applied Knowledge: Athletic trainers must have knowledge of a large range of medical problems. Assessment, evaluation skills and working with other healthcare professionals will be required.
- Decision-Making Skills: Ability to think critically and make independent decisions regarding the assessment, treatment, rehabilitation and return to play decisions per state licensure guidelines.
- Attention to Detail: Athletic trainers should be thorough and detailed with injury tracking and documentation.
- Interpersonal Skills: Ability to communicate effectively in high stress/pressure situation when talking to patients, medical professionals, staff and families.
- Must have the ability to organize, prioritize and perform multiple tasks with little or no supervision.

**Recommended/Preferred**

- Experience working with higher level athletes and/or tactical military personnel.

**SPECIFIC DUTIES & RESPONSIBILITIES:**

- Responsible for the prevention, evaluation, management and rehabilitation of injuries and illnesses.
- Assist physician(s) assigned to, or overseeing unit, with patient evaluations, exercise and injury prevention programs, and treatment within scope of practice.
- Design and implement strength and conditioning programs (flexibility, strength, cardiovascular fitness) to reduce the risk of injury and illness.

- Ensure safety in the design and implementation of fitness, nutrition and conditioning programs customized to meet individual needs.
- Screen for risk factors that would increase one's risk of injury/illness. These screening procedures may include: musculoskeletal flexibility assessment, muscular strength and endurance assessment, cardiovascular fitness assessment, postural and ergonomic assessment, and body composition assessments.
- Educate patients on nutrition and hydration.
- Maintain cleanliness and general upkeep of athletic training facility.
- Participate in periodic meetings to review the care provided to patients and identify opportunities for improvement.
- Serve as an advisor to the program manager and/or coordinator in matters related to injury prevention, sports medicine, rehabilitation, and bridging.
- Collaborate throughout the program to enhance the quality of patient care delivered.
- Document care provided, work performed, utilization, referrals, and all other information in the Military's Electronic Health Record.

**NUMBER/DESCRIPTION OF PATIENTS RESPONSIBLE FOR:** *Provide number of patients and patient population the AT is responsible for.*

**TRAVEL REQUIREMENTS:** *List any travel requirements here.*

#### **PHYSICAL REQUIREMENTS**

Essential and marginal functions may require maintaining physical condition necessary for bending, stooping, sitting, walking or standing for prolonged periods of time; most of time is spent sitting in a comfortable position with frequent opportunity to move about. Ability to lift 20lbs without injury. Occasional travel may be required.

**SUPERVISORY RESPONSIBILITIES:** *State if position requires any supervisory responsibilities*

#### **ADDITIONAL QUALIFYING FACTORS**

- **Is there a pre-employment drug test that must be passed?**
- **Is there a background screening check that must be passed?**
- **Is transportation to/from work a necessity?**
- **Is holding a valid driver's license a necessity?**
- **This is also where Shareholder Preference, Equal Opportunity Employments, and any other legal disclaimers would be placed within the job description.**

**WEBSITE OF HIRING ORGANIZATION LINK HERE**