SUMMARY OF COMPANY

Enter a brief description of who is hiring the AT.

POSITION TITLE: Athletic Trainer

REPORTS TO: Medical Director

QUALIFICATIONS:

Required

YEARS OF EXPERIENCE: Enter preferred years of experience here

EDUCATION: Bachelor’s or Master’s Degree

CERTIFICATION/LICENSES: Must be BOC certified and possess state athletic training licensure, certification or registration. NPI Number Required.

KNOWLEDGE, SKILLS AND ABILITIES:

- Applied Knowledge: Athletic trainers must have knowledge of a large range of medical problems. Assessment, evaluation skills and working with other healthcare professionals will be required.
- Decision-Making Skills: Ability to think critically and make independent decisions regarding the assessment, treatment, rehabilitation and return to play decisions per state licensure guidelines.
- Attention to Detail: Athletic trainers should be thorough and detailed with injury tracking and documentation.
- Interpersonal Skills: Ability to communicate effectively in high stress/pressure situation when talking to patients, medical professionals, staff and families.
- Must have the ability to organize, prioritize and perform multiple tasks with little or no supervision.

Recommended/Preferred

- Experience working with higher level athletes and/or tactical military personnel.

SPECIFIC DUTIES & RESPONSIBILITIES:

- Responsible for the prevention, evaluation, management and rehabilitation of injuries and illnesses.
- Assist physician(s) assigned to, or overseeing unit, with patient evaluations, exercise and injury prevention programs, and treatment within scope of practice.
- Design and implement strength and conditioning programs (flexibility, strength, cardiovascular fitness) to reduce the risk of injury and illness.

Updated 12/01/2018
• Ensure safety in the design and implementation of fitness, nutrition and conditioning programs customized to meet individual needs.
• Screen for risk factors that would increase one’s risk of injury/illness. These screening procedures may include: musculoskeletal flexibility assessment, muscular strength and endurance assessment, cardiovascular fitness assessment, postural and ergonomic assessment, and body composition assessments.
• Educate patients on nutrition and hydration.
• Maintain cleanliness and general upkeep of athletic training facility.
• Participate in periodic meetings to review the care provided to patients and identify opportunities for improvement.
• Serve as an advisor to the program manager and/or coordinator in matters related to injury prevention, sports medicine, rehabilitation, and bridging.
• Collaborate throughout the program to enhance the quality of patient care delivered.
• Document care provided, work performed, utilization, referrals, and all other information in the Military’s Electronic Health Record.

NUMBER/DESCRIPTION OF PATIENTS RESPONSIBLE FOR: Provide number of patients and patient population the AT is responsible for.

TRAVEL REQUIREMENTS: List any travel requirements here.

PHYSICAL REQUIREMENTS

Essential and marginal functions may require maintaining physical condition necessary for bending, stooping, sitting, walking or standing for prolonged periods of time; most of time is spent sitting in a comfortable position with frequent opportunity to move about. Ability to lift 20lbs without injury. Occasional travel may be required.

SUPERVISORY RESPONSIBILITIES: State if position requires any supervisory responsibilities

ADDITIONAL QUALIFYING FACTORS

• Is there a pre-employment drug test that must be passed?
• Is there a background screening check that must be passed?
• Is transportation to/from work a necessity?
• Is holding a valid driver’s license a necessity?
• This is also where Shareholder Preference, Equal Opportunity Employments, and any other legal disclaimers would be placed within the job description.

WEBSITE OF HIRING ORGANIZATION LINK HERE