

TORY R LINDLEY MA ATC

NATA Vice President
NATA Board of Directors | GLATA District Director
2016 GLATA Golden Pinnacle Award
2012 Division I Head Athletic Trainer of the Year
2012 NATA Most Distinguished Athletic Trainer Award
2011 IATA Hall of Fame Inductee

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PROFESSIONAL EXPERIENCE

Associate Athletic Director – Director of Athletic Training Services, Head Athletic Trainer, Northwestern University (2007-current)

Director of Athletic Training Services and Head Athletic Trainer:

Coordinator of Athletic Training services for 505 student-athletes in 19 sports. Supervise, evaluate and mentor fifteen full-time Staff Athletic Trainers, two Staff Physical Therapists/Athletic Trainers, two full-time Licensed Sports Dietitians and twenty Sports Medicine Aides. Coordinate delivery of care from five Team Physicians. Serve as Head Athletic Trainer for Football. Coordinate the prevention, evaluation and rehabilitation of athletic injuries and coverage model for all 19 sports. In concert with Head Team Physician, design and coordinate service in the areas of athletic nutrition, psychological wellness, alcohol and other drug education and testing, and disordered eating prevention. Consistently communicate with all 19 Head Coaches on programmatic needs and opportunities for growth. Coordinate development of intercollegiate sports medicine mission, values, strategic plan and annual development goals.

Administrative Supervisor of Strength and Conditioning (Sports Performance) Program:

Provide direct supervision for the Director of Strength and Conditioning and the Strength and Conditioning Department including Associates, Staff, Graduate Assistants and Interns. Coordinate collaboration and joint programming between intercollegiate sports medicine department and the strength and conditioning department including oversight and review of strength and conditioning programs. Provide process oversight and approval of new staff additions.

Sport Administrator for Wrestling Program (2007-2011):

Provide oversight for all aspects of this sport programming including scheduling, recruiting, and student-athlete welfare issues. Responsible for daily communication with coaching staff, while serving as a liaison between coaching staff and Department Heads in the internal and external silos of NU Athletics. Serve as event manager and administrator for regular/post-season events. Provide annual performance evaluation for Head Coach.

Assistant Athletic Director – Director of Athletic Training Services, Head Athletic Trainer, Northwestern University (2002-2007)

Coordinated Sports Medicine and Athletic Training services for 475 student-athletes in 19 sports. Supervised ten Certified Staff Athletic Trainers, four Certified Intern Athletic Trainers, and twenty-five Sports Medicine Aides. Coordinated delivery of care from four Team Physicians. Coordinated a primary care sports medicine and full-time Head Team Physician model for athletics. Served as Head Athletic Trainer for Football. Coordinated the prevention, evaluation and rehabilitation of athletic injuries. Designed and coordinated service in the areas of athletic nutrition, psychological wellness, alcohol and other drug education and testing, and disordered eating prevention for all sport programs. Interacted and developed coverage models for all 19 sports. Developed inclusive policy and procedures manual. Served as Adjunct Clinical Faculty, Shenandoah University Graduate School.

Head Athletic Trainer, Instructor, Eastern Michigan University (2000-2002)

Coordinated Athletic Training services for over 450 student athletes. Supervised three Staff Certified Athletic Trainers, four Graduate Assistant Certified Athletic Trainers. Provided clinical supervision for 40 student athletic trainers in a CAAHEP-approved certification program. Served as Head Athletic Trainer for Football. Served as an Instructor in the School of Health, Physical Education, Recreation, and Dance teaching: Therapeutic Exercise for Athletic Training.

Staff Athletic Trainer, Michigan State University (1996-2000)

Clinical supervisor for 6 varsity sports and over 20 student athletic trainers. Coordinator of Athletic Insurance for over 700 student athletes. Staff Athletic Trainer for Women's Volleyball. Responsible for biomechanical evaluations and foot orthotic prescriptions.

Head Athletic Trainer, Instructor, Hamline University (1993-1996)

Instructor in the Division of Kinesiology, courses taught: Prevention and Management of Athletic Injuries, Advanced Techniques in Athletic Training, and Functional Human Anatomy. Directed medical coverage for 18 NCAA athletic programs. Managed budget, equipment and supply inventory necessary for operation of a sports medicine program. Initiated a Drug Education Program for student athletes.

Season Intern Certified Athletic Trainer, Houston Oilers (1992)

Graduate Assistant Certified Athletic Trainer, University of Minnesota (1991-1993)

Student Athletic Training Intern, New York Football Giants (1990)

Student Athletic Training Intern, Washington Redskins (1989)

Athletic Training Student Michigan State University (1987-1991)

Student Athletic Trainer, Suttons Bay High School, Suttons Bay, MI (1985-1987)

EDUCATIONAL BACKGROUND

Master of Arts in Kinesiology with an Emphasis in Biomechanics from the **University of Minnesota**, Minneapolis, Minnesota (1991-1993).

Masters Thesis: "Closed-Kinetic Chain Analysis of Functional Range of Motion Provided by Semi-rigid Ankle Orthoses and Adhesive Taping."

Bachelor of Science in Education with a Specialization in Athletic Training from **Michigan State University**, East Lansing, Michigan (1987-1991).

PUBLICATIONS

Kraus, N, Lindley TR, Colegrove, D, Krizman, J, Otto-Meyer, S, Thompson, E, White-Schwoch, T. The Neural Legacy of a Single Concussion. *Neuroscience Letters*. 2017; 646: 21-23

Baugh CM, Kroshus E, Lanser BL, Lindley TR, Meehan WP. Variation in Sports Medicine Staffing Across NCAA Power 5 Schools. Free Communications Program sponsored by the NATA Foundation, 2016 NATA Clinical Symposia & AT Expo, Baltimore, MD, June 2016

Baugh CM, Kroshus E, Lanser BL, Lindley TR, Meehan WP. Variation in Sports Medicine Staffing Across NCAA Power 5 Schools. *American Journal of Sports Medicine*. (Under Review)

Lindley TR. Landing at Your Destination: How to Climb the Career Ladder. *Training & Conditioning*. October 2014. Vol XXIV, No.7

Writing Group Member "Recommendations and Guidelines for Minimizing Head Impact Exposure and Concussion Risk in Football" National Federation of High School Associations Concussion Task Force, Indianapolis, IN July 19-21, 2014.

Lindley TR. Analysis of Salaries and Institution-Provided Extra Income Among High Profile Athletic Training Positions at High Profile NCAA Institutions. *Athletic Training and Sports Health Care Journal*. 2012; (4)2: 79-86.

Lindley TR. How Do You Recharge Your Battery? *GLATA Eblast*. June 2010.

Lindley TR. Leadership Behind the Scenes: Your Title Does Not Always Equal Your Leadership Value. *IATA News*. 2009; Vol 2, Issues 1-4.

Carey RW, Lindley TR. IATA Archives and Records in Abraham Lincoln Presidential Library. *NATA News*. May 2008.

Lindley TR. Head Injury Management. *Physical Therapy Products*. June 2005.

Lindley TR, Sedory, D. Patients or Athletes – Does it Matter? *NATA News*. 2003; 11:39.

Lindley TR. Concussion management on the field: the recognition and treatment of head injuries in athletics. *Rehab Management*. 2000;13(3):20-22.

Buckley WE, Broxterman R, Lindley TR, West TE. Development of the athletic training profession: where are we now? *Athletic Therapy Today*. 1996;1:23-26.

Lindley TR, Kernozek TM. Taping and semi rigid bracing may not affect ankle functional range of motion. *Journal of Athletic Training*. 1995;2:109-112.

ATHLETIC TRAINING CLINICAL PRECEPTOR

Athlone Institute of Technology (Ireland)
Eastern Illinois University
Grand Valley State University
Illinois State University
Lewis University
Marquette University
Northern Michigan University
University of Montana

North Central College
North Park University
Ohio University
Quinnipiac University
Shenandoah University
Trinity International University
Univ of Wisconsin-Milwaukee

CONSULTANTSHIPS

Office of General Counsel, Bucknell University, Expert Witness, 2017-present.

NATA / NCAA Interassociation Summit on the Organization and Administration of Athletics Health Care Service in College/University Environment, Invited Delegate, Irving, TX January 25-26, 2017

NCAA College Football Safety Summit, Invited Participant, Orlando, FL, February 2016

National Football League, Independent Athletic Trainer Game Day Injury Spotter, 2013-present.

Reminger Co, LPA, Expert Witness, 2015-2016.

Manning & Kass Ellrod, Ramirez, Trester LLP, Expert Witness, 2014-2015.

Sacred Heart University, Program Review Consultant, Department of Athletic Training, 2014.

Kopono Airdo, LLC, Expert Witness, 2009-2013.

O'Halloran Kosoff Geitner & Cook, LLC, Expert Witness 2007-2008.

Monmouth University, Program Review Consultant, Creating an Athletic Department Alcohol and Other Drug Program, 2003.

Cleveland State University, Program Review Consultant, Enhancement of a Division I Alcohol and Other Drug Program, 2002.

PROFESSIONAL PRESENTATIONS

1. "Emergency Research Opportunities in Concussion Management: Frequency Following Response of the Brain as a Biomarker for Brain Health", presented at the Big Ten – Ivy League Traumatic Brain Injury Research Collaboration, Rosemont, IL, July 20, 2017.
2. "Workplace Concepts in Athletic Training Practice Settings", Moderator at NATA Clinical Symposia & AT Expo, Houston, TX, June 29, 2017.
3. "Identifying and Connecting with Young Professionals", presented at AthletiCo Regional Athletic Trainer's Leadership Retreat, Oak Brook, IL, June 7, 2017.
4. "Optimizing Concussion Management Across a Campus Community", presented at the College Athletic Trainers' Society Annual Meeting, Las Vegas, NV, May 19, 2017.
5. "The Value of Emotional Intelligence in Athletic Training", presented at the Ohio Athletic Trainers' Association Annual Meeting and Symposium, Sandusky, OH, May 12, 2017.
6. "Integral Steps in AT Transition to Practice", presented at Ohio University Athletic Training Education Program Annual Banquet and Alumni Night, Athens, OH, April 8, 2017.
7. "What Are Employers Looking For? How to Land Your First AT Job", presented at Quinnipiac University Athletic Training Program, Hamden, CT, March 29, 2017.
8. "Choosing Mentors and Maximizing Your Professional Network", presented at the Great Lakes Athletic Trainers' Association Student Senate Leadership Symposium, Wheeling, IL, March 17, 2017.
9. "Concussion Risk Management Considerations in College Athletics", presented at the Arthur J Gallagher & Co. 2017 Think Tank: Managing Risk of Head Trauma in College Sports, Chicago, IL, March 3, 2017.
10. "Eastern Athletic Trainers' Association Leadership Roundtable" Invited Participant, EATA 69th Conference and Symposium, Philadelphia PA, January 7, 2017.
11. "Best Practices in Concussion Care" Expert Panel Member presented at Annual NovaCare Sports Medicine Symposium: Emergency Preparedness and Best Practices, Elmhurst, IL, July 29, 2016.
12. "Nobody Ever Taught Me to be a Supervisor: Organizational Health in Athletic Training" presented at the 67th NATA Clinical Symposia & AT Expo, June 22-25, Baltimore, MD, June 25, 2016.
13. "Leading Your Association Through Strategic Change" presented at the 67th NATA Clinical Symposia & AT Expo, June 22-25, Baltimore, MD, June 23, 2016.
14. "Reinventing Yourself Through Lifelong Learning" presented at the 67th NATA Clinical Symposia & AT Expo, June 22-25, Baltimore, MD, June 23, 2016.

15. "Sustaining Athlete Health and Performance through an Interdisciplinary Approach" co-presented with Katie Knappenberger RD ATC at the 32nd Annual Sports Cardiovascular and Wellness Nutrition Conference and Symposium sponsored by the Academy of Nutrition and Dietetics, Portland, OR, April 10, 2016.
16. "The Medical Model: An Alternative in Sports Medicine Administration" presented at the 48th Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Wheeling, IL, March 10, 2016.
17. "Leadership Rewired" presented at North Central College Athletic Training Students Lecture Series, Naperville, IL, March 6, 2016.
18. "Leadership Speaker Series" live webinar presented to Clinical Doctoral Students at Indiana State University, February 9, 2016.
19. "Creating Evidence-based Culture in Your Practice: Successes and Challenges" presented at the 66th National Athletic Trainers' Association Clinical Symposium and AT Expo, St. Louis, MO, June 26, 2015.
20. "Quality Management in a Collegiate Athletic Training Program: Policy Execution and Evaluation" presented at the 2015 Big Ten Conference Sports Medicine Meeting, Rosemont, IL, May 6, 2015.
21. "New Focus on Traumatic Brain Injuries in Athletic Programs" presented at the Risk and Insurance Management Society 2015 Annual Conference and Exhibition, New Orleans, LA April 27, 2015.
22. "Developing Leadership through Emotional Intelligence" presented at the Suttons Bay Public Schools Academic Excellence Banquet, Suttons Bay, MI April 15, 2015.
23. "Professional Relationships: It's Complicated. Looking at Relationships through an Ethical Lens" Session Moderator at Great Lakes Athletic Trainer's Association Annual Meeting and Symposium, Wheeling, IL, March 12, 2015.
24. "Execution, Evaluation and Validation of a Unique Collegiate Concussion Education, Prevention and Management Program" presented at Great Lakes Athletic Trainer's Association Annual Meeting and Symposium, Wheeling, IL, March 12, 2015.
25. "Coverage versus Health Care: Risk Mitigation in Sports Medicine and Athletic Training" presented at the 2014 Illinois Athletic Trainers Association Clinical Symposium, Lisle, IL November 2014.
26. "Concussion Management Trends in Collegiate Sports" Special Interest Group Leader. The Sports Concussion Conference presented by the American Academy of Neurology, Chicago, IL July 11, 2014.
27. "Meta Topic: Concussion" Moderator. The Sports Concussion Conference presented by the American Academy of Neurology, Chicago, IL July 11, 2014.

28. "Panelist: Concussion Breakout Session for Collegiate Sports" The Sports Concussion Conference presented by the American Academy of Neurology, Chicago, IL July 13, 2014.
29. "The Athletic and Academic Performance Advantage: It's a Choice!" presented at Adlai E. Stevenson High School Healthy Patriots Week, Lincolnshire, IL, April 14, 2014.
30. "The Concussion Dilemma: Big Hits Spell Big Trouble for College Athletics" presented at the University Risk Management & Insurance Association Midwestern Regional Conference: Higher Education Risk Management, Chicago, IL, March 28, 2014.
31. NATA District IV Quiz Bowl Emcee. Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Wheeling, IL, March 14, 2014.
32. "Professionalism in Athletic Training" presented at the 2014 Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Wheeling, IL, March 13, 2014.
33. "Concussion Management: Can We Get Our Arms Around this Injury" presented at the 2013 Midwest State High School Association's Executive Directors Conference, Chicago, IL, December 9, 2013.
34. "Implementing the STOP Injuries Campaign" presented at the Great Lake Athletic Trainers' Association 45th Annual Meeting and Symposium, Wheeling, IL, March 14, 2013.
35. "The Business of College Sports: A Day in the Life of a Division I Student Athlete" presented at Northwestern University Department of Continuing Studies, Evanston, IL, July 19, 2012.
36. "Employment Issues in Athletic Training" Session Moderator for NATA Research and Education Foundation Free Communication Session, St. Louis, MO, June 29, 2012.
37. "Athletic Training Career Round Table – Division I Collegiate Health Care" presented at Lewis University Athletic Training Program, Romeoville, IL, March 29, 2012.
38. "Developing Personal and Professional Values in Athletic Training and Allied Health Care" presented at The Greater Milwaukee Student Sports Medicine Symposium, Marquette University, Milwaukee, WI, March 24, 2012.
39. "Dietary Supplements, Athletic Nutrition and Your Safe Competitive Edge" presented at Illinois District 230 Sports Medicine Symposium, Moraine Valley Community College, Palos Hills, IL, March 13, 2012.
40. NATA District IV Quiz Bowl Emcee. Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Wheeling, IL, March 10, 2012.
41. "Killing U Softly 4—A Panel Reaction" presented as the keynote of Northwestern University Body Acceptance Week 2012, Evanston, IL, February 15, 2012.

42. "Life Balance in Athletic Training Panel" Panel Moderator at Illinois Athletic Trainers Association Annual Symposium, Bloomington, IL, November 6, 2011.
43. "The Risks of Nutritional Supplements, Anabolic Steroids, Alcohol and Concussion Education" presented to Evanston Township High School, Evanston, IL, August 20, 2011.
44. "Safe Play and Recognizing Signs of Concussion Panel" presented at Playing it Safe: Changing the Mindset Around Concussion Safety Symposium, Feinberg School of Medicine, Northwestern Memorial Hospital, Chicago, IL, July 27, 2011.
45. "The Science of Muscle Cramping and Muscle Fatigue" presented to the Chicago Police and Fire Education Division, Chicago, IL, June 28, 2011.
46. "Strategies for Improving Salary and Benefits" presented at the College Athletic Trainers Society Spring Symposium for Athletic Trainers and Team Physicians, Las Vegas, NE, May 20, 2011.
47. "From ATS to ATC: Becoming the Complete Young Professional" keynote address presented at University of Wisconsin-Milwaukee Athletic Training Program Student Recognition Banquet, Milwaukee, WI, May, 16 2011.
48. "Prioritizing Your Life" presented in the Jeff Oliphant Memorial Lecture: Leadership Development at Wisconsin Athletic Trainers' Association Spring Symposium, Appleton, WI, April 16, 2011.
49. NATA District IV Quiz Bowl Emcee. Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Wheeling, IL, March 12, 2011.
50. "Risk Reduction and Health Care Management in Athletics and Recreation" presented at Sports Administration Masters Course, Northwestern University, January 19, 2011.
51. "Better Performance.....Without Chemistry: The Risks of Nutritional Supplements and Anabolic Steroids" presented to Evanston Township High School, Evanston, IL, August 25, 2010.
52. "Careers in Division I Athletic Training and Administration" presented at NATA Student Career Roundtable, NATA Symposium, Philadelphia, PA, June 24, 2010.
53. "Leadership Beyond a Title" presented at Minnesota Athletic Trainers' Association Symposium, Mankato, MN, May 15, 2010.
54. "Commonality: The GLATA Way" presented at Minnesota Athletic Trainers' Association Symposium, Mankato, MN, May 15, 2010.
55. "Athletic Nutrition and the Importance of Hydration" presented at Whitney Young High School, Chicago, IL, April 27-29, 2010.
56. "Can You Succeed as an Athletic Trainer and Have Life Balance?" presented at the Roger Kalisiak Lecture Series, Northern Illinois University, DeKalb, IL, April 22, 2010.

57. "Maximizing Today, Preparing for Tomorrow: The 2010 Athletic Training Student" presented at Northern Illinois University, DeKalb, IL, April 22, 2010.
58. "What We Are Saying About You: The Certified Athletic Trainers' Concerns about the Athletic Training Student" presented at Michigan State University Educating Student Athletic Trainers Meeting, East Lansing, MI, February 14, 2010.
59. "Hip Injuries in Collegiate Athletics" presented at Big Sky Athletic Training Sports Medicine Conference, Big Sky, MT, February 2, 2010.
60. "The Collegiate Athletic Training Profession" presented at Evanston Township High School Career Connections, Evanston, IL, November 19, 2009.
61. "Leadership Behind the Scenes: Identifying Your Power to Lead" presented at Illinois Athletic Trainers Association, Inc. Annual Meeting and Symposium, Lisle, IL, November 8, 2009.
62. "The Leadership Mirror: Recognizing and Maximizing the Leader in You" presented as the Keynote Address at the Indiana Athletic Trainers' Association Annual Meeting and Symposium, Indianapolis, IN, November 1, 2009.
63. "Better Health....Without Chemistry: The Risks of Nutritional Supplements and Anabolic Steroids" presented to Loyola Academy Prep School, Northbrook, IL, August 12, 2009.
64. "Reducing Injury Risk While Enhancing Performance: How College Football Athletic Trainers Address Heat Illness" The American College of Sports Medicine's Sports Medicine and Fitness Show on Health Radio.net, August 4, 2009.
65. "Developing Foundational Behaviors of Professional Practice: Clinical and Classroom Implications" Evidence-Based Forum Session Moderator, NATA Clinical Symposium, San Antonio, TX, June 2009.
66. "The Narrow Beam of Life-Work Balance: A Guide for Athletic Trainers" presented at the Minnesota Athletic Trainers Society Spring Symposium, St Cloud, MN, May 2009.
67. "Athletic Training Governance" presented at Millikin University, Decatur, IL, March 2009.
68. "Planning, Training and Emergency Services: An Athletic Department Overview" presented at Northwestern University Police Department, Evanston, IL, December 2 and 9, 2008.
69. "IHSA Drug Testing Program Overview" presented at Loyola Academy Parents Night Event, Northbrook, IL, September 9, 2008.
70. "Athletic Training Leadership Development" presented at NATA State Leadership Forum, St. Louis, MO, June 16, 2008.

71. "Athletic Training Alphabet Soup: Personal and Public Protection of the Entry-level Athletic Trainer" presented at Lewis University, Romeoville, IL, February 2008.
72. "Trauma-induced Migraines in a Collegiate Football Player" presented at Big Sky Sports Medicine Meeting and Athletic Training Conference, Big Sky, MT, February 2008.
73. "Professionalism and Leadership Training in Athletic Training: Panel Presentation" at the Illinois Athletic Trainers Association Annual Meeting and Symposium, Springfield, IL, November 2007.
74. "Illinois Legislative Success Story" presented at the 2007 BOC Athletic Trainer Regulatory Conference, Omaha, NE, July 2007.
75. "Winning with Asthma" presented at the Chicago Asthma Action Plan Press Conference World Asthma Day, Whitney Young High School, May 2007.
76. "Risk Management in Collegiate and Professional Sports Medicine" presented at Sports Administration Masters Course, Northwestern University, February 2007.
77. "Hydration for Improved Performance: Common Practices in Sports Medicine" presented at When Winning Costs Too Much, Educational Conference, Chicago, IL, February 2007.
78. "Transient Neurapraxia with Spinal Cord Abnormality in a Collegiate Football Player" presented at Big Sky Sports Medicine and Athletic Training Conference, Big Sky MT, February 2007.
79. "Sportspourri Panel Discussion" panelist at Medical and Legal Controversies in Athletics. Institute for Sports Medicine and Sports Law Conference, Chicago, IL, December 2006.
80. "Athletic Training Governmental Affairs: Communicating with Your Legislator" presented at 2006 Illinois Athletic Trainers Association Meeting and Clinical Symposium, Naperville, IL, November 2006.
81. "Hydration Supplementation" presented at Big Sky Sports Medicine and Athletic Training Conference, Big Sky, MT, February 2006.
82. "The Stress to Compete: Sports Medicine Management of Multiple Psychological Disorders in a Division I Athlete" presented at Chicago Sports Medicine Society Spring Meeting and Educational Seminar, Maywood, IL, May 2005.
83. "Working with Athletes That Have Asthma" presented at the World Asthma Day Press Conference, American Lung Association, Halas Hall, Lake Forest, IL, May 2005.
84. "Hot Topics: School Policies and Codes of Conduct, Drug Testing and Athletic Training Issues" presented at Sports is Education Too Symposium, Loyola University, Chicago, IL, October 2004.
85. "Northwestern University Hamstring School" presented at dj Ortho Athletic Training and Sports Medicine Seminar, San Diego, CA, July 2004.

86. "The Current Role of the Division I Collegiate Head Athletic Trainer" presented at North Central College, Naperville, IL, January 2004.
87. "A Team Approach to the Psychological Care of the Student-Athlete: The Integration of Academic Services, Athletic Training Services and University
88. Psychological Services" presented at the District 4-A Academic Advisors Seminar, April 2003.
89. "Development of an Alcohol and Other Drug Program" presented at Cleveland State University, March 2003.
90. "Development of an Alcohol and Other Drug Program" presented at Monmouth University, January 2003.
91. "Alcohol and Other Drug Policies in NCAA Division I Athletics" presented at Eastern Michigan University Sports Medicine In-service Program, November 2001.
92. "Eat to Compete: The Dangers of Performance and Nutritional Supplements" presented in Lifetime Wellness course at Eastern Michigan University, October 2001.
93. "Injuries Common to the Women's Volleyball Athlete" presented at the Mizuno Volleyball Coaches Clinic, East Lansing, Michigan, April 1997.
94. "An Injury Prevention Guide for the High School Athlete" presented at the Minnesota Coaching Certification Clinic, Hamline University, July 1994, 1995.
95. "Commencement Address" presented at Suttons Bay High School Commencement Proceedings, Suttons Bay Michigan, June 1992.

PROFESSIONAL CERTIFICATION AND AFFILIATIONS

- Licensed Athletic Trainer, State of Illinois, Department of Professional Regulation, number 096-001705, 2002-present.
- BOC Certified Athletic Trainer, certification number 069102454.
- National Provider Identifier (NPI) number 1881666428.
- Member of the National Athletic Trainers' Association 1988-present.
- Member of the Great Lakes Athletic Trainers' Association 1988-present.
- Member of the Illinois Athletic Trainers' Association 2002-present.
- Member of the Michigan Athletic Trainers' Society 1996-2002.
- Registered Athletic Trainer, Minnesota State Board of Medical Practice 1993-1996.
- Member of the Minnesota Athletics Trainers' Association 1991-1996.

PROFESSIONAL SERVICE

National Organizations

- NATA Vice President, 2016-present.
- NATA Board of Directors, District Four Director, 2014-present.
- NATA Liaison to Executive Committee for Education, 2016-present.
- NATA Liaison to the Commission on the Accreditation of Athletic Training Education (CAATE), 2014-present.
- NATA Finance Committee Member 2015-present.
- Athletic Training Clinical Education Network Member, February 2017-present.
- Athletic Training & Sports Health Care: The Journal for the Practicing Clinician. SLACK, Inc. Associate Editor, June 2008-present.
- NATA-College and University AT Committee Big 5 Conference Communication Subcommittee Member 2015-2016.
- NATA Board of Directors, District Four Director-elect, 2013-2014.
- STOP Sports Injuries Campaign Advisory Committee, 2012-2015.
- National Athletic Trainers' Association Liaison to the American Orthopaedic Society for Sports Medicine (AOSSM), August 2009-2013.
- National Athletic Trainers' Association Convention Program Committee Project Team, July 2009-2013.
- National Athletic Trainers' Association Ethics Education Project Team, July 2008-June 2010.
- National Athletic Trainers' Association Education Council Executive Committee, Member, 2001-2004.
- National Athletic Trainers' Association Educational Multimedia Committee, Chair, 2000-2004.
- National Athletic Trainers' Association Educational Multimedia Committee, District Four Representative, 1994-2000.

Regional Organizations

- Great Lakes Athletic Trainers' Association District Director, 2014-present.
- Midwest Collegiate Sports Medicine Foundation, Board of Directors, 2011-present.
- Big Ten Conference Sports Medicine Committee Meeting Coordinator, 2002-present.
- Big Ten Conference Academic Alliance – Ivy League Brain Injury Summit, 2011-present.
- Great Lakes Athletic Trainers' Association District Director-Elect, 2013-2014.
- Great Lakes Athletic Trainers' Association President, 2010-2012.
- Great Lakes Athletic Trainers' Association President-Elect, 2008-2010.
- Great Lakes Athletic Trainers' Association Finance Committee Chair, 2008-2010.
- Great Lakes Athletic Trainers' Association Education Committee Board Liaison, 2008-2010.
- Great Lakes Athletic Trainers' Association Election Officer, 2008-2010.
- Great Lakes Athletic Trainers' Association Strategic Planning Ad Hoc Committee Chair, 2008-2010.
- Great Lakes Athletic Trainers' Association Bylaws Review Ad Hoc Committee Member, 2008-2010.
- Great Lakes Athletic Trainers' Association Executive Board Member, Illinois State Rep, 2006-2007.

- Big Ten Conference Sports Medicine Committee Drug Testing Task Force, 2005-2007.
- Great Lakes Athletic Trainers' Association, Winter Meeting Educational Program Co-Chair, 2005-2007
- Great Lakes Athletic Trainers' Association Executive Board, Michigan Representative, 2001-02.
- Mid-American Conference Sports Medicine Association Scholarship Committee, Chair, 2000-02.
- Mid-American Conference Sports Medicine Association Spring Meeting Director, 2001-02.
- Great Lakes Athletic Trainers' Association, Winter Meeting Educational Program Committee, 1996.

State Organizations

- Illinois Athletic Trainers Association, AT Practice Act Revision Task Force, 2016-present.
- Illinois Advisory Council on Player Safety, Council Member, 2015-present.
- Illinois Athletic Trainers Association, Constitution and Bylaw Rewrite Task Force Chair, 2007-2010.
- Illinois Athletic Trainer Association, Past-President, Member Board of Directors, 2008-2009.
- Illinois Athletic Trainers Association, President, 2006-2008
- Illinois Athletic Trainers Association Election Officer, 2006 and 2008.
- Illinois Athletic Trainers Association, President-Elect, 2005-2006.
- Illinois Athletic Trainers Association, Vice President, 2003-2005.
- Illinois Athletic Trainers Association Symposium Planning Committee Chair, 2003-2005.
- Michigan Athletic Trainers' Society, Vice-President, 2000-02.
- Michigan Athletic Trainers' Society, Ethics Committee Chair, 2000-02.
- Minnesota Athletic Trainers' Association, Treasurer, 1994-96.
- Minnesota Athletic Trainers' Association, Membership Chair, 1994-96.

University

- Northwestern University NÜ Men: Masculinity and Sexual Violence Awareness Group Leader 2017-present.
- Northwestern University, Student Health Service Quality Management and Assurance Executive Committee, 2014-present.
- Northwestern University, Alcohol and Other Drug Prevention Task Force, 2005-present.
- Northwestern University, Health and Wellness Committee Co-chair, 2002-04.
- Eastern Michigan University, Coalition for Campus-Based Alcohol and Other Drug Prevention, 2000-02.
- Eastern Michigan University, Alcohol and Other Drugs Biennial Review Committee, 2000-02.

Department

- Northwestern University Senior Staff Member 2006-present.
- Northwestern University, Department of Intercollegiate Athletics Wellness Committee Co-chair, 2002-present.
- Northwestern University Department of Intercollegiate Athletics Policy and Procedural Manual Development project chair, 2012-2013.

- Northwestern University Department of Intercollegiate Athletics and Recreation Facility Master Plan Steering Committee, 2010-2013.
- Northwestern University Peer Mentor Program Selection Committee, 2007-2010.
- Northwestern University Peer Mentor Program Task Force Chair, 2004-2007.
- Northwestern University Student-athlete Recruitment Task Force Chair, 2003-2004.
- Eastern Michigan University, Department of Intercollegiate Athletics Presidential Strategic Planning Committee, 2000-2002.

Community

- Youth Basketball Coach, 5th Grade Girls, 2011.
- Youth Basketball Coach, 4th Grade Girls, 2010.
- Volunteer, Marquart Ministry Soup Kitchen, 2010.
- Volunteer, Alliance to End Homelessness, Suburban Cook County, 2009.
- Evanston Township High School Job Shadow Day, 2008, 2007, 2006, 2005.
- National Youth Sport Coaches Association, Boys Basketball Coach, 2006.
- National Youth Sport Coaches Association, Football Coach, 2005.

PROFESSIONAL DEVELOPMENT ATTENDANCE

- National Athletic Trainers' Association Meeting and Symposium-2017, 2016, 2015, 2014, 2013, 2012, 2011, 2010, 2009, 2008, 2007, 2006, 2004, 2003, 2002, 2001, 2000, 1998, 1997, 1996, 1995, 1994, 1993, 1992, 1990
- Great Lakes Athletic Trainers' Association Winter Meeting and Symposium-2017, 2016, 2015, 2014, 2013, 2012, 2011, 2010, 2009, 2008, 2007, 2006, 2005, 2004, 2002, 2000, 1999, 1997, 1996, 1994, 1992, 1991
- Illinois Athletic Trainers Association Meeting and Symposium- 2016, 2015, 2014, 2013, 2012, 2011, 2010, 2009, 2008, 2007, 2006, 2005, 2004, 2003, 2002.
- Big Ten Sports Medicine Meeting and Symposium- 2017, 2016, 2015, 2014, 2013, 2012, 2011, 2010, 2009, 2008, 2007, 2006, 2005, 2004, 2003
- Big Sky Sports Medicine Symposium-2014, 2013, 2012, 2010, 2008, 2007, 2006
- DJO Athletic Training and Sports Medicine Conference- 2011, 2008, 2006, 2004, 2003
- American Orthopedic Society for Sports Medicine- 2012, 2011, 2010
- NATA Capitol Hill Day- 2017, 2016, 2015, 2014, 2010, 2008
- QPR (Question, Persuade and Refer) Suicide Prevention Training- March 2012
- Chicago Sports Medicine Society Symposium- 2006, 2005
- Michigan Athletic Trainers' Society Meeting and Symposium- 2000, 1999, 1998, 1997

PROFESSIONAL DEVELOPMENT BIBLIOGRAPHY

Journals and Publications:

The Journal of Athletic Training • NATA News • Athletic Training & Sports Health Care: The Journal for the Practicing Clinician • Training and Conditioning • Sports Health: A Multidisciplinary Approach • NCAA Champion

Firms of Endearment: How World Class Companies Profit from Passion and Purpose. Sisodia, R., Sheth, J., Wolfe, DB. Upper Saddle River, NJ: Prentice Hall

Management Rewired. Jacobs, Charles. New York, NY: Penguin Group, 2009.

The Advantage: Why Organizational Health Trumps Everything Else in Business. Lencioni, Patrick. San Francisco, CA: Jossey-Bass, 2012.

Drive: The Surprising Truth About What Motivates Us. Pink, Daniel H. New York, NY: Riverhead Books, 2009.

Punished by Rewards. Kohn, A. New York NY: Houghton Mifflin Company, 1999

The 21 Indispensable Qualities of a Leader. Maxwell, JC. Nashville, TN: Thomas Nelson Publishing, 1999.

Pour Your Heart Into It, Schultz, H and Jones Yang, D, New York NY, Hyperion Publishing, 1997.

Becoming a Person of Influence. Maxwell, J and Dornan, J. Richmond, British Columbia: Zondervan Publishing, 1997.

Influencer: The Power to Change Anything. Patterson, K, Greeny, J, Maxfield, D, McMillan, R and Switzler, A. New York, NY: McGraw-Hill, 2008.

Good To Great. Collins, Jim. New York, NY: Harper Collins Publishers, 2001.

The Talent Code. Coyle, Daniel. New York, NY: Bantem Dell, 2009.

How Good People Make Tough Choices: Resolving the Dilemmas of Ethical Living. Kidder, Rushworth. New York, NY: Fireside, 1996.

The Leadership Challenge. Kouzes, James and Posner, Barry. San Francisco, CA: Jossey-Bass, 2007.

The Four Obsessions of an Extraordinary Executive. Lencioni, Patrick. San Francisco, CA: Jossey-Bass, 2000.

Commerce Through Community: How You Can Prosper in the Information Age. Brady, Chris and Woodward, Orrin. New York, NY: Obstacle Press Inc., 2008

No Excuses – The True Story of a Congenital Amputee Who Became a Champion in Wrestling and in Life. Maynard, Kyle. Washington, DC: Regnery Publishing, 2005.

The Audacity of Hope. Obama, Barak. New York, NY: Crown Publishers, 2006.

PROFESSIONAL AWARDS

- Great Lakes Athletic Trainers' Association Golden Pinnacle Award, 2016.
- Northwestern University Division of Student Affairs, Collaborative Excellence Award, presented to Sports Medicine Department, 2015.
- Distinguished Alumnus, Suttons Bay Public Schools, 2015.
- National Athletic Trainers' Association Head Athletic Trainer of the Year for Division I Award, 2012.
- National Athletic Trainers' Association Most Distinguished Athletic Trainer Award, 2012.
- Illinois Athletic Trainers Association, Inc. Hall of Fame Inductee, 2011.
- Great Lakes Athletic Trainers' Association Dedicated Service Award, 2009.
- National Athletic Trainers' Association Athletic Trainer Service Award, 2007.
- Hamline University Staff Member of the Year, 1996.
- National Athletic Trainers' Association Outstanding Student Athletic Trainer Award, 1990.
- Tasha Bolton Memorial, Big Ten Conference Student Athletic Trainer of the Year, 1990.
- Ray J. Saltzman Outstanding Student Athletic Trainer Award, Michigan State University, 1990.

CHAMPIONSHIP EXPERIENCE

- Pin Stripe Bowl, 2016.
- Outback Bowl, 2016.
- Gator Bowl, 2013.
- Texas Bowl, 2011.
- 2011 Big Ten Wrestling Championships, Championship Coordinator, 2010-2011.
- TicketCity Bowl, 2011.
- Outback Bowl, 2010.
- Alamo Bowl, 2008.
- Sun Bowl, 2005.
- Big Ten Conference Men's Basketball Tournament, Host ATC, 2003, 2005.
- Motor City Bowl, 2003.
- NCAA Women's Volleyball Championships 1996, 1997, 1998, 1999.
- Super Bowl XXVI, 1992.
- NCAA Men's Basketball Final Four, Host ATC, 1992.
- Big Ten Men's Gymnastics Championships, Host ATC, 1992
- NCAA Men's Swimming National Championships, Host ATC, 1992.
- Gator Bowl, 1989.
- Rose Bowl, 1988.

PERSONAL INFORMATION

Home: 8710 Hamlin | Skokie, IL 60076

Married:

Beth, Licensed Clinical Social Worker

Children:

Jonah (3-28-95), Evan (7-22-98), Genevieve (2-29-00)

Personal Values:

Family, Intellectual Meaning, Optimism, Organization,
Physical Challenge

