

LGBTQ+ HEALTHCARE DISCRIMINATION

IMPORTANT FACTS TO KNOW AS A HEALTHCARE PROVIDER:¹

NEARLY 1 IN 6 


LGBTQ+ patients experience discrimination

29%

of trans patients were refused to be seen by their provider

23%

of trans patients avoid or postpone care

 **1 IN 5**

LGBTQ+ patients avoid seeking care

THERE IS AN INCREASED RISK OF BEHAVIORAL HEALTH CONDITIONS, SPECIFICALLY IN THE TRANSGENDER POPULATION.

They are more likely to experience victimization, attempt suicide, and contract HIV and other STDs.

LGBTQ YOUTH ARE AT GREATER RISK OF EXPERIENCING HOMELESSNESS AND HAVE HIGHER RATES OF:²

depression & suicidality
(also known as suicidal ideation)



substance abuse

social anxiety



altered body image

LGBTQ PEOPLE ALREADY FACE DISCRIMINATION AND VIOLENCE IN THEIR DAILY LIVES:³

57% have been subjected to verbal assaults including anti-gay slurs, threats and non-sexual harassment

51% have experienced some sort of physical violence

57% have experienced various forms of sexual harassment

CHALLENGE IN FINDING ALTERNATE HEALTHCARE PROVIDERS:³

18% of LGBTQ people said it would be "very difficult" or "not possible" to find same service at a different hospital or community health center

29% OF TRANS PATIENTS SEEKING TRANSITION-RELATED CARE HAD TO TRAVEL 25+ MILES

41% of LGBTQ people living outside a metro area said it would be "very difficult" or "not possible" to find same service at a different hospital

WHY IS THIS IMPORTANT?

- We want all patients to feel safe coming to us with their healthcare needs.
- Regardless of setting, Athletic Trainers are an integral part of the healthcare team.
- A patient's first impression of us can greatly influence their care moving forward.

WHAT CAN WE DO?

- Find ways to improve on your area's inclusiveness.
- Know your local resources, i.e. facilities and providers that are welcoming and affirming.
- Have a plan in place if you suspect someone is a danger to themselves or others.
- Be an advocate! Motivate others to make changes.

1. Mirza S, Rooney C. Discrimination Prevents LGBTQ People from Accessing Health Care. Center for American Progress. <https://www.americanprogress.org/issues/lgbt/news/2018/01/18/445130/discrimination-prevents-lgbtq-people-accessing-health-care/>. Published 2018.

2. Levine DA, Committee On A. Office-based care for lesbian, gay, bisexual, transgender, and questioning youth. Pediatrics. 2013; 132(1):e297-313.

3. Center for American Progress (CAP) 2017 Survey