

# HIV/AIDS

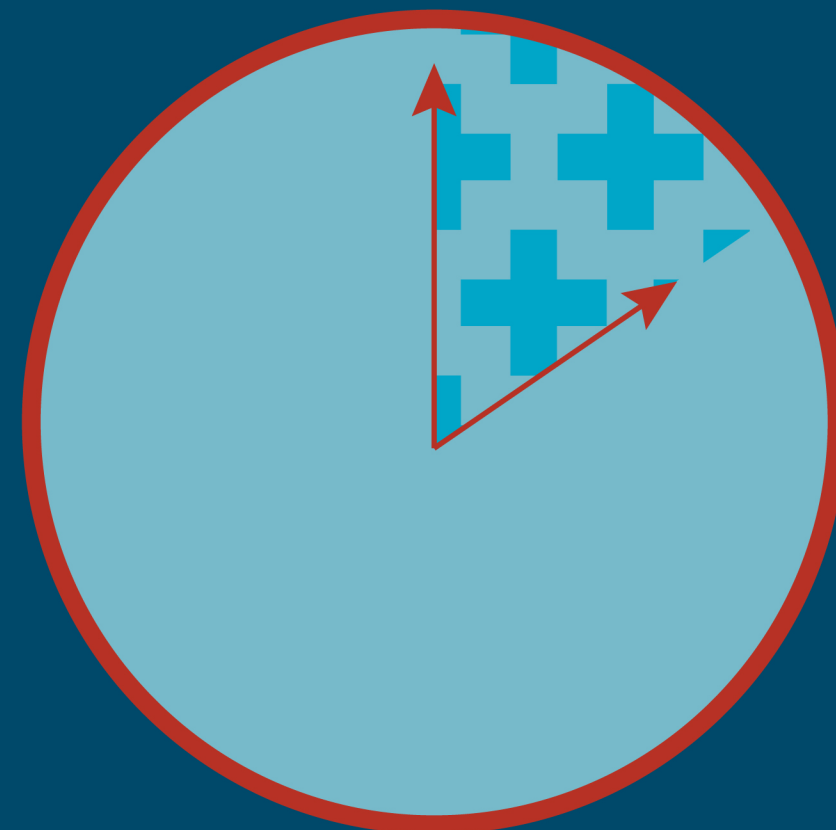


## What is it?

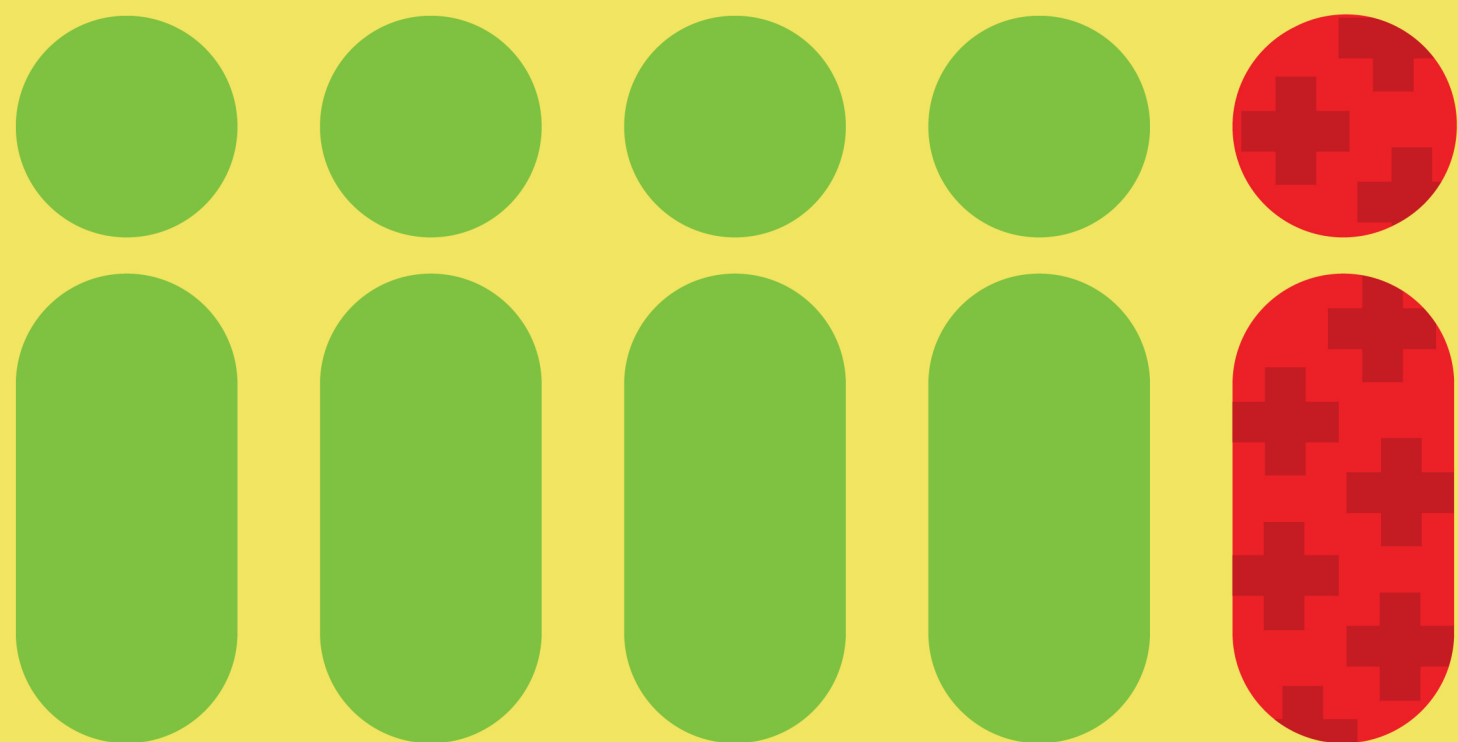
HIV is a sexually transmitted disease that can progress to AIDS if untreated  
Time between HIV infection to AIDS development can range from months to years  
Early Diagnosis is key  
About 25% of new HIV infections occur in 13 to 24 year olds  
African Americans account for approximately half of new HIV cases

## Incidence/Prevalence

Race OR Ethnicity	Estimated Number of Daagnoses of HIV Infections, 2012
American Indian/Alaskan Native	228
Asian	959
Black/African American	22,581
Hispanic/Latino	9,816
Native Hawaiian/Other Pacific Islander	79
White	13,291
Multiple Races	1,039



Every 9 1/2 Minutes someone in the US is infected with HIV.



**1 in 5 people with HIV don't know they have it.**

## Risk Factors

Unprotected sex with multiple partners  
Injection drug use  
Not getting regular STD test if you are sexually active  
Bisexuality

## Prevention

Don't have sex with multiple partners  
Always wear a condom even if the person is on birth control  
If you are sexually active, get a STD test every year or more  
Ask questions and know your partner's sexual background

### SOURCES

Workowski, K. & Berman, S. (2010). HIV infection: Detection, counseling, and referral. Retrieved from: <http://www.cdc.gov/mmwr/preview/mmwrhtml/r5912a1.htm>

### ACKNOWLEDGEMENTS

This poster was created with generous support from the NATA Ethnic Diversity Advisory Committee, Colorado State University-Pueblo EXHPR Department, Athletic Training Program, Diversity Resource Center, Office of External Affairs and Graphic Design Students Zoe Clark and Sarah Nako