

20 THINGS TO DO IN 2020

1

Renew your NATA membership.

2

Celebrate National Athletic Training Month.*

3

Be a lifelong learner.*

4

Vote in this year's NATA presidential election.

5

Join the NATA Research & Education Foundation's Circle of Champions.*

6

Engage in a conversation on Gather.

7

Attend your state or district association annual meeting.

8

Build a relationship with a legislator.*

9

Share your knowledge.*

10

Make sure you have your National Provider Identifier.

11

Attend the 71st NATA Clinical Symposia & AT Expo in Atlanta.

12

Follow NATA (@NATA1950) and At Your Own Risk (@ASaferApproach) on social media.

13

Develop your leadership skills.*

14

Sign up for NATA's professional interests quarterly newsletters.

15

Build a relationship with a local reporter.*

16

Attend your state and national Capitol Hill Day events.

17

Find a mentor or mentee.*

18

Volunteer with NATA, especially during the NATA convention.*

19

Stay up to date on the latest developments in sports medicine by reading NATA's various publications.

20

Donate to the NATA Political Action Committee.

BONUS: Share what you've done on social media using the hashtag #HealthCareinAction.

KEY: **ADVOCACY** | **ENGAGEMENT** | **DEVELOPMENT**

* = LEARN MORE ABOUT THIS IN A FUTURE EDITION OF NATA NEWS.