

# KATHERINE IRENE DIERINGER

## EdD, LAT, ATC

### **EXPERIENCE**

- April 2008—present      **D&D Sports Med Aubrey, LLC**  
PRESIDENT/CO-OWNER
- January 2006-present      **D&D Sports Med Sanger, LLC**  
PRESIDENT/CO-OWNER
- November 2003 – present      **D&D Sports Med Denton, LLC**  
PRESIDENT/CO-OWNER
- Fall 2016 -- present      **University of St. Augustine**  
Contributing Faculty: Healthcare Entrepreneurship
- February 1998 – November 2003      **Matrix Rehabilitation of Denton**  
FACILITY DIRECTOR
- January 2002 – 2008      **University of North Texas, Denton, TX**  
ADJUNCT FACULTY MEMBER – DEPARTMENT OF  
KINESIOLOGY
- August 1987 – May 1998      **Texas Woman’s University, Denton, TX**  
HEAD ATHLETIC TRAINER/LECTURER
- August 1985 – July 1987      **The Florida State University, Tallahassee, Fla.**  
ASSISTANT ATHLETIC TRAINER  
ASSOCIATE PROFESSOR
- August 1984 – August 1985      **Eastern Kentucky University, Richmond, KY**  
GRADUATE ASSISTANT IN ATHLETIC TRAINING

### **EDUCATION**

- May 2007      **University of North Texas**  
Doctor of Education  
Curriculum and Instruction
- August 1985      **Eastern Kentucky University**  
Master of Arts in Education  
Emphasis: Health Education
- May 1984      **The University of Texas at Austin**  
Bachelor of Science in Education  
Major: Physical Education  
Minor: English

## **QUALIFICATIONS/CREDENTIALS:**

Certified Athletic Trainer – NATA

Licensed Athletic Trainer – Texas

Certified, Titlelist Performance Institute© --2015

Certified, Worksteps© Functional Capacity Evaluation

Certified, Worksteps© Post Offer Employment Test

Secondary Teacher Certification

- Physical Education
- Health Education
- English

## **PROFESSIONAL AFFILIATIONS:**

National Athletic Trainers' Association

Southwest Athletic Trainers' Association (NATA District VI)

North Texas Athletic Trainer Society

Texas State Athletic Trainers' Association

## **PROFESSIONAL SERVICE:**

September 2016 -	Commissioner, NATA Representative Commission on Accreditation of Athletic Training Education
March 2016 - present	Healthcare Reform Workgroup--Chair National Athletic Trainers' Association
June 2014-2016	National Athletic Trainers' Association Board of Directors— Chair: Finance Committee
June 2014-2016	National Athletic Trainers' Association Board of Directors— Secretary/Treasurer
June 2012-2016	National Athletic Trainers' Association Board of Directors— District VI Representative
June 2014-2015	National Athletic Trainers' Association Board of Directors— CMS DME Task Force
April 2014-March 2015	National Athletic Trainers' Association Board of Directors— Committee Chairs and Members Term Limits Workgroup
September 2011-2014	Vision Quest Workgroup 3—Practice Models Chair; National Athletic Trainers' Association
March 2013	Executive Director Search Committee: Member National Athletic Trainers' Association
March 2012-2013	Nomenclature Workgroup National Athletic Trainers' Association
2011	Athletic Training Education Competencies. 5th Edition Subject Matter Expert National Athletic Trainers' Association
June 2008-June 2012	Clinical and Emerging Practices Athletic Trainers' Committee: Chair National Athletic Trainers' Association
June 2009 – 2012	Vision Quest Executive Committee; Member National Athletic Trainers' Association
June 2009—2012	Vision Quest Team; Member National Athletic Trainers' Association
June 2008—2011	Strategic Implementation Team; Member National Athletic Trainers' Association
February 2004 - 2016	NATA Capitol Hill Day
April 2006	BOC Hearing Panelist National Athletic Trainers' Association Board of Certification
June 2005 to 2008	Uniformed Terminology Project National Athletic Trainers' Association
July 2006 to 2008	Convention Committee, Co-Chair National Athletic Trainers' Association District VI

July 2005 to 2008	University of North Texas--Consultant Graduate Athletic Training Program
June 2005 to 2008	Committee on Revenue, Member National Athletic Trainers' Association
July 2005 to July 2006	Past President, NATA District VI
July 2004 to July 2005	President, NATA District VI
July 2003 to July 2004	First Vice-President, NATA District VI
July 2002 to July 2003	Second Vice President, NATA District VI
July 2002- June 2006	Reimbursement Advisory Committee, Co-Chair Texas State Athletic Trainers' Association
January 2001-2003	Patient Care Committee, Member/Chair Matrix Rehabilitation
January 1997 – July 2003	Women in Athletic Training Committee, Member Southwest Athletic Trainers' Association
July 2000 – July 2003	Women in Athletic Training Committee National Athletic Trainers' Association
July 2000-July 2003	Women in Athletic Training Committee, Chair Southwest Athletic Trainers' Association
January 1998 – 2000	“Poster Presentation Committee”, Chair Southwest Athletic Trainers' Association
March 1998 – September 2005	Education Committee, Chair Texas Athletic Trainers' Advisory Board
March 1996, 97, 98	Medical staff volunteer for USA Gymnastics McDonald's America's Cup
February 1996 & 1997	Medical staff volunteer for Cowtown Marathon
1993 - 1998	“Student Trainer Essay Writing Contest”, Member and Chair Southwest Athletic Trainers' Association
September 1995-2002	National Athletic Trainers' Association's District 6 Board of Directors -- Recording Secretary
1992 - 1994	“Programs Committee”, Member Southwest Athletic Trainers' Association
July 1992	Athletic Trainer for Olympic Training Center
1991 – 1996	“Registration Committee”, Member Southwest Athletic Trainers' Association
August 1990-91	Medical staff volunteer for State of Texas Pepsi Games
Summers 1998-92	Instructor: Cramer Advanced Athletic Training Clinic – University of North Texas
1987-89	Consultant for Sports Medicine rotation of Texas College of Osteopathic Medicine Medical School

## **PUBLICATIONS:**

### **Book Chapter**

**Dieringer, K. I.** (2016). "Revenue and Reimbursement". In Gary Harrelson, Greg Gardner, Andrew Winterstein (Ed.) *Administrative Topics in Athletic Training*. SLACK. In press.

### **Webinar**

Dieringer, K.I. (NATA), *The Business of Athletic Training*. [Video webinar]. <http://www.nata.org/nata-news-blog/business-athletic-training-webinar-series>

### **Publications**

Dieringer, K. I. (2016) Physician Extender No More. BOC Blog. April 29, 2016.

Dieringer, K. I. (2016) Why Should Athletic Trainers Get an NPI? BOC Blog. March 29, 2016.

Dieringer, K.I. (2011) Motivating Compliance. *Advance for Physical Therapy and Rehabilitation*. Vol. 23, Issue 25.

*Intro To Athletic Training As A Physician Extender*. Dallas, TX: National Athletic Trainers' Association, 2011. DVD.

Sanborn, C.F., Horea, M., Siemers, B. J., & **Dieringer, K. I.** (2000). Disordered Eating and the Female Athlete Triad. *Clinical Sports Medicine*, 19 (2), 199-213.

D. Nichols, C. Sanborn, S. Bonnick, **K. Dieringer**, B Gench, C. Jonas, N. DiMarco. (1992) Relationship of Muscle Mass to Bone Mineral Density in Intercollegiate Athletes. *Medicine and Science in Sports and Exercise*. Vol. 24, No. Supplement.

**Dieringer K. I.** (2005). Starting Your Own Business. *NATA News*. December.

Detwiler, K., **Dieringer K. I.**, Mazzoli, L. (2010). Your Worth, Your Skills, Your Value. *NATA News*. October.

## **PRESENTATIONS**

July 2016	"Secondary School Value Model"; Speaker Southwest Athletic Trainers' Association District Meeting Far West Athletic Trainers' Association District Meeting "Caring for Your Aging Parents" Southwest Athletic Trainers' Association District Meeting
June 2016	"Secondary School Value Model"; Speaker "A New Look at Leadership"; Co-Presenter Pennsylvania Athletic Trainers' Society
May 2016	"Secondary School Value Model"; Speaker Mid-Atlantic Athletic Trainers' Association District Meeting
April 2016	"Secondary School Value Model"; Speaker Northwest Athletic Trainers' Association District Meeting Rocky Mountain Athletic Trainers' Association District Meeting
March 2016	"Secondary School Value Model"; Speaker Great Lakes Athletic Trainers' Association District Meeting Southeast Athletic Trainers' Association District Meeting Mid-America Athletic Trainers' Association District Meeting

January 2016	“Secondary School Value Model”; Speaker Eastern Athletic Trainers’ Association Annual Meeting
May 2015	Dallas Sports Huddle—Youth Sports Safety Keynote Address
January 2013	“Beyond O&A: How New Healthcare Administration Competencies Provide Opportunity for Advancing the Profession” NATA: Athletic Trainer Educators’ Conference
June 2011, 2012, 2013, 2014	“The Business of Athletic Training” Workshop National Athletic Trainers’ Association Annual Symposium All ten NATA District Meetings
2011	DVD: Intro to Athletic Training as a Physician Extender National Athletic Trainers’ Association
February 2011	“Incorporating Emerging and Secondary Schools Settings into Your ATEP”; Athletic Trainer Educators’ Conference
June 2010	“Building a Business”; Speaker National Athletic Trainers’ Association Annual Symposium
June 2009	“Healthcare Management Track”; Moderator National Athletic Trainers’ Association Annual Symposium
June 2008	“HR Issues for Athletic Trainers”; Speaker National Athletic Trainers’ Association Annual Symposium
June 2008	“Healthcare Management Track”; Moderator National Athletic Trainers’ Association Annual Symposium
July 2008	“Starting Your Own Business”; Co-Speaker Southwest Athletic Trainers’ Association Annual Meeting
July 2008	“Find, Prosper, Grow”; Co-Speaker Southwest Athletic Trainers’ Association Annual Meeting
November 2006	“Legislative Update for Athletic Trainers”; Speaker Denton Community Hosp. Sports Medicine Lecture Series
February 2005	“Legislative Update for Athletic Trainers”; Speaker Denton Community Hosp. Sports Medicine Lecture Series
April 2003	“Reimbursement in Athletic Training”; Speaker North Texas Athletic Trainers’ Society
July 2002	“Life Balancing for Athletic Trainers”; Speaker Southwest Athletic Trainers’ Association Annual Meeting
June 2002	Moderator: “Headaches in Athletes”; Speaker National Athletic Trainers’ Association Annual Sym.
July 2001	“Mentoring in Athletic Training”; Speaker “Assessment of the Lumbar Spine” Southwest Athletic Trainers’ Association Annual Meeting
October 1999	“ACL Injuries in Female Athletes”; Speaker Denton Community Hospital Sports Medicine Lecture Series

July 1999	“The Cruciates”; Speaker Southwest Athletic Trainers’ Association Annual Meeting
October 1998	“Female Athlete Triad”; Speaker Denton Community Hospital Sports Medicine Lecture Series
July 1998	“Neurological Assessment of the Upper Extremity”; Speaker Southwest Athletic Trainers’ Association Annual Meeting
July 1996	“Shoulder Injuries and Evaluation” Southwest Athletic Trainers’ Association Annual Meeting
May 1995	“When Exercise Hurts”; FEMA National Training
January 1993	“Sport in the Year 2000: An Athletic Trainer’s Perspective” Texas Special Olympics State Convention
July 1990	“Eating Disorders in Athletics”; Speaker Southwest Athletic Trainers’ Association Annual Meeting
February 1989	“Stretching Techniques” Metroplex Athletic Trainers’ Association Winter Symposium

## **MEDIA INTERVIEWS:**

January 2016	“Upright Bike vs. Recumbent Bike vs. Elliptical Machine” New York Times
June 2015	“What is the Best Time of Day to Exercise” Sonima
April 2015	“A Celebration of Women’s Fitness” Dallas Morning News
December 2014	“Making your Own Wake Up Call” Chicago Tribune
April 2014	“Straighten Up!” Family Circle
April 2014	“Simple Ways to Ease Back Pain” NewsMax
April 2014	“Getting in Front of Back Pain” MSN
March 2014	“Female Athletic Trainers Making Strides” ESPNW
February 2014	“Seven ways your healthy lifestyle probably needs to change” Dallas Morning News
October 2011	“5 Ways for Orthopedic Practices to Use Athletic Trainers as Physician Extenders” Beckers Spine Review

## **HONORS/AWARDS:**

June 2017	Hall of Fame Class of 2017 National Athletic Trainers' Association
June 2017	Gail Weldon Award of Excellence National Athletic Trainers' Association
July 2016	Bobby Gunn Unsung Hero Watch Award Southwest Athletic Trainers' Association
May 2010	Volunteer of the Year Award Greater Denton Sports Commission
July 2007	Hall of Fame Inductee Southwest Athletic Trainers' Association
June 2006	Recipient: Most Distinguished Athletic Trainer Award National Athletic Trainers' Association
May 2006	Volunteer of the Year Award Greater Denton Sports Commission
June 2002	Athletic Trainer Service Award National Athletic Trainers Association
July 2000	Recipient: Bobby Gunn Unsung Hero Watch Award Southwest Athletic Trainers' Association
July 1998	Member of USA Gymnastics Medical Staff <ul style="list-style-type: none"><li>➤ USA Gymnastics National Championships</li><li>➤ USA Gymnastics San Antonio Classic</li></ul>
September 1995	Member of USA Volleyball Sports Medicine and Performance Commission's Advisory Committee
August 1995	Athletic Trainer: 1995 Youth National Volleyball Team To the Slovak Republic
July 1994	Athletic Trainer for United States Olympic Festival – St. Louis
May 1994	Outstanding Teacher in America
July 1991	Athletic Trainer for Texas Girls' Coaches Association All-Star Games
June 1991 – present	American Sport Education Program's Sport First Aid National Faculty Member
July 1983	Recipient of Sports Care International Scholarship from Southwest Athletic Trainer's Association



## **COMMUNITY SERVICE:**

Denton County Texas Exes Association

Denton Country Club Ladies' Golf Association

Denton Chamber of Commerce LEAD Delegate

Denton Sports Commission, Executive Board Member

Denton Chamber of Commerce, Member

Denton Sports Committee, Member

Texas Woman's University Athletics Scholarship Advisory Board, Member