

Sample Job Description: Air Force

SUMMARY OF COMPANY

Enter a brief description of who is hiring the AT.

POSITION TITLE: Athletic Trainer

REPORTS TO: Medical Director

QUALIFICATIONS:

Required

YEARS OF EXPERIENCE: *Enter preferred years of experience here*

EDUCATION: Bachelor's or Master's Degree

CERTIFICATION/LICENSES: Must be BOC certified and possess state athletic training licensure, certification or registration. NPI Number Required.

KNOWLEDGE, SKILLS AND ABILITIES:

- Applied Knowledge: Athletic trainers must have knowledge of a large range of medical problems. Assessment, evaluation skills and working with other healthcare professionals will be required.
- Decision-Making Skills: Ability to think critically and make independent decisions regarding the assessment, treatment, rehabilitation and return to play decisions per state licensure guidelines.
- Attention to Detail: Athletic trainers should be thorough and detailed with injury tracking and documentation.
- Interpersonal Skills: Ability to communicate effectively in high stress/pressure situation when talking to patients, medical professionals, staff and families.
- Must have the ability to organize, prioritize and perform multiple tasks with little or no supervision.

Recommended/Preferred

- Experience working with higher level athletes and/or tactical military personnel.

SPECIFIC DUTIES & RESPONSIBILITIES:

- Provide athletic training services to patients including: prevention, evaluation, treatment and rehabilitation, on/off site emergency care, triage and management
- Assist in the training of tactical athletes to enhance and optimize human performance.
- Assist physician(s) assigned to, or overseeing unit, with patient evaluations, exercise and injury prevention programs, and treatment within scope of practice.
- Design and implement strength and conditioning programs (flexibility, strength, cardiovascular fitness) to reduce the risk of injury and illness.

- Screen for risk factors that would increase one's risk of injury/illness.
- Instruct and counsel patients regarding compliance with prescribed therapeutic regimens, human performance and rehabilitation maintenance.
- Coordinate and supervise fitness of assigned patients.
- Evaluate and recommend new techniques and equipment that would enhance the benefits of the sports medicine program.
- Educate patients on: injury prevention strategies, self-rehabilitative techniques and functional movement assessment, nutrition and hydrations.
- Select, apply and evaluate the effectiveness of therapeutic interventions.
- Provide postural functional exercises and self-corrective movements.
- Provide taping, bracing and orthotic use for the prevention and treatment of injuries and for the protection of the athlete during practice or competition.
- Document all patient encounters using mandated government systems.

NUMBER/DESCRIPTION OF PATIENTS RESPONSIBLE FOR: *Provide number of patients and patient population the AT is responsible for.*

TRAVEL REQUIREMENTS: *List any travel requirements here.*

PHYSICAL REQUIREMENTS

Essential and marginal functions may require maintaining physical condition necessary for bending, stooping, sitting, walking or standing for prolonged periods of time; most of time is spent sitting in a comfortable position with frequent opportunity to move about. Ability to lift 20lbs without injury. Occasional travel may be required.

SUPERVISORY RESPONSIBILITIES: *State if position requires any supervisory responsibilities*

ADDITIONAL QUALIFYING FACTORS

- **Is there a pre-employment drug test that must be passed?**
- **Is there a background screening check that must be passed?**
- **Is transportation to/from work a necessity?**
- **Is holding a valid driver's license a necessity?**
- **This is also where Shareholder Preference, Equal Opportunity Employments, and any other legal disclaimers would be placed within the job description.**

WEBSITE OF HIRING ORGANIZATION LINK HERE