

**Title:** Hospital-based Care Practitioner- Certified Athletic Trainer (ATC)

**Role Overview:** As an integral part of the health care team, performs direct and indirect patient care under the direction of a registered nurse. The care practitioner provides patient care in the health care continuum to achieve optimum outcomes in a cost effective manner consistent with professional standards of practice, care, performance and the missions and goals of the organization.

**Required Experience:** One year of experience is preferred.

**Required Education:** Minimum of B.S. degree from an accredited Athletic Trainer Certified Program

**Practice Requirements:** Currently meets all state regulatory or licensing requirements.

**Prerequisite Skills:**

- Demonstrates clinical competencies as stated.
- Demonstrates compliance with legal aspects of patient care activities, guidelines, policies and procedures that impact practice.
- Demonstrates knowledge and skills necessary to provide care specialized to population/site.
- Functions as effective team member as evidenced by interpersonal skills and compliance with group norms and expectations.
- Identifies areas for growth and professional goals and independently establishes a plan for achievement.
- Exhibits ethical competency.
- Utilizes critical thinking for patient care.

**Reports to:**

- Works under the direction of a registered nurse.

**Supervises:**

- None. May provide day-to-day guidance to other team members.

**Essential Functions:** The following list describes the essential duties of this role. Individuals in this role may not perform all of these duties, or may perform additional, related duties not listed here.

- Read, write, speak and understand English
- Stand for extended periods of time
- Stand, stretch, squat, stoop, reach, grasp, push, pull, lift and work in cramped quarters
- React, move and work quickly and with multiple distractions
- Hear spoken work as well as telephone and equipment alarms

- See well, with correction, at a distance of at least 20 feet
- See well, with correction, up close
- Have good hand-eye coordination
- Deal effectively with difficult patients, visitors and situations.
- Interact with patients and employees of diverse socioeconomic, cultural and ethnic backgrounds
- Prioritize
- Be able to lift patients and equipment using proper body mechanics. No lifting restrictions by weight
- Help assess the health status of assigned patients
- Participate in patient education based on patient's unique educational needs.
- Access records and maintain information
- Participate in the development and modification of the plan of care
- Implement the plan of care of nursing and therapy services
- Use verbal/nonverbal and written communication skills that promote positive interactions with patients and their families
- Maintain the philosophy, goals, objectives, policy and procedure of the hospital, department and unit
- Participate in educational experiences to increase knowledge and skills

#### Patient Care

- Perform/assist with activities of daily living:  
assist/complete, shower/baths  
back care  
oral and nasal care  
hair care  
bed pan/urinal/commode/fecal bag  
bed making
- Emesis basin
- Turn/position patient
- Ambulate patient
- Active and passive range of motion
- Weights (standing, chair or bed scale)
- Transfer of patient to/from cart and chair
- Perform temperature, manual or non-invasive automatic BP, apical and radial pulse, respiratory rate and record on vital signs sheet
- Assist with physical prep of patient for surgery (ht., wt., gown only, last voiding, removal of denture) and document this on pre-op checklist
- Pack patient belongings in preparation for and assist with physical move of patient during transfer and discharge
- Care for body and personal property of patient that has died
- Collaborate with care manager regarding patient's needs.
- Transport patients
- Reinforce and individualize patient/family education in collaboration

#### **Competencies:**

with care manager

### Skin

- Perform simple sterile dressing changes-clean, sterile, hydrocolloid and vapor-permeable
- Set up and maintain ice packs and Aqua-K pads
- Apply TED hose and Sequential Compression Device (SCD)
- Perform simple skin and wound care
- Collect wound cultures per MD order or initiation of protocol by RN

### Ortho/Neuro

- Perform neuro and vascular checks

### Cardiac

- Apply ECG electrodes

### Genitourinary

- Obtain urine specimens-voided, cathed and drawn from Foley catheter
- Apply exdwelling catheters

### Gastrointestinal

- Obtain stool specimens/hematest stool
- Administer cleansing and lubricating enemas

### Equipment

- Automatic, non-invasive blood pressure
- Blood glucose monitoring
- Electronic thermometers
- Beds
- Wheelchair
- May check defibrillator and crash cart
- Oximeter
- Flowmeters
- Scales

### Documentation

- Complete confidential peer reports
- Document on all patient care records
- Documents daily goal attainment on Patient Care Pathways
- Receive and document verbal and telephone orders as related to own discipline

### Dietary

- Prepare patient for meals
- Pass trays, nourishments, ice, water and snacks

- Feed patients
- Calculate and record intake and output

#### Computer

- Utilizes basic tandem functions
- Utilizes CIS (where available)

#### Respiratory

- Operates portable O2 tank, flow meter and nasal cannula
- Collect sputum specimens
- Perform nasopharyngeal suctioning
- Ventilate patient with ambu bag
- Change trach ties with the assistance of another caregiver
- Titrate O2 according to protocol
- Performs oximetry

#### Education

- Stay current in body of knowledge necessary to perform skills of a care practitioner

#### Basic Safety

- Successfully completes all mandatory in-services
- Cares for patient in isolation and practices standard precautions.
- Cares for patient in restraints
- Performs CPR, acts as runner, cares for other patients during code blue
- Uses proper body mechanics

#### Unit/Work Team

- Communicate when supplies are low/restock as necessary
- Maintain a neat, orderly and safe environment
- Answer call lights
- Identify the needs and expectations of customers and strive to exceed them
- Demonstrate understanding of care practitioner contribution to work team processes
- Practice continuous quality improvement
- Practices cost effectiveness and resource utilization

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**Athletic Trainer  
Certified  
Competencies**

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- Gait training for all types of patients with/without assistive devices and with various weight bearing status and neurological conditions
  - Use of TENS, ultrasound, electrical stimulation and heat/cold modalities
  - Proper documentation forms for clinic
  - Orthopaedic and other specific physician preferences, including precautions

and appropriate exercises.

- Indication and use of tilt table, parallel bars and hemi bars
- Use of departmental equipment, including but not limited to: treadmill, Rickshaw, arm bike, foot restorator and free weights
- Monitoring of vital signs, taking blood pressure and pulse oximetry
- Proper transfer and mobility techniques for all levels of patients
- Knowledge of basic orthotics and braces
- Basic knowledge of tone reduction techniques

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