

Things to Consider when Choosing an Educational Tool

3rd Annual Collaborative Solutions for Safety in Sport
National Meeting



Disclosure

- Jones & Bartlett Learning is an educational partner of the Korey Stringer Institute.
- Korey Stringer Institute have consulted USA football for their heat and hydration safety education module.
- Korey Stringer Institute have consulted US Soccer for their heat safety guidelines.





Why?



- The answer is clear to us.
- Is the *need* clear to the parents, coaches, and athletes?
- How do we get their buy-in?
 - “This will never happen to *me*” mentality



Things to Consider...

<p>Method of Delivery</p> <ul style="list-style-type: none">• Hands-on workshop• Distance learning<ul style="list-style-type: none">• Speaker webinar• Slides with audio• Video scenarios• Educational resource<ul style="list-style-type: none">• Text• Video• Infographic	<p>Certification</p> <ul style="list-style-type: none">• Certification<ul style="list-style-type: none">• Completion by attendance• Completion by passing a test• No certification<ul style="list-style-type: none">• Open, accessible resource
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Things to Consider...

Frequency

- Certification expiration
- Annually
- Once during enrollment

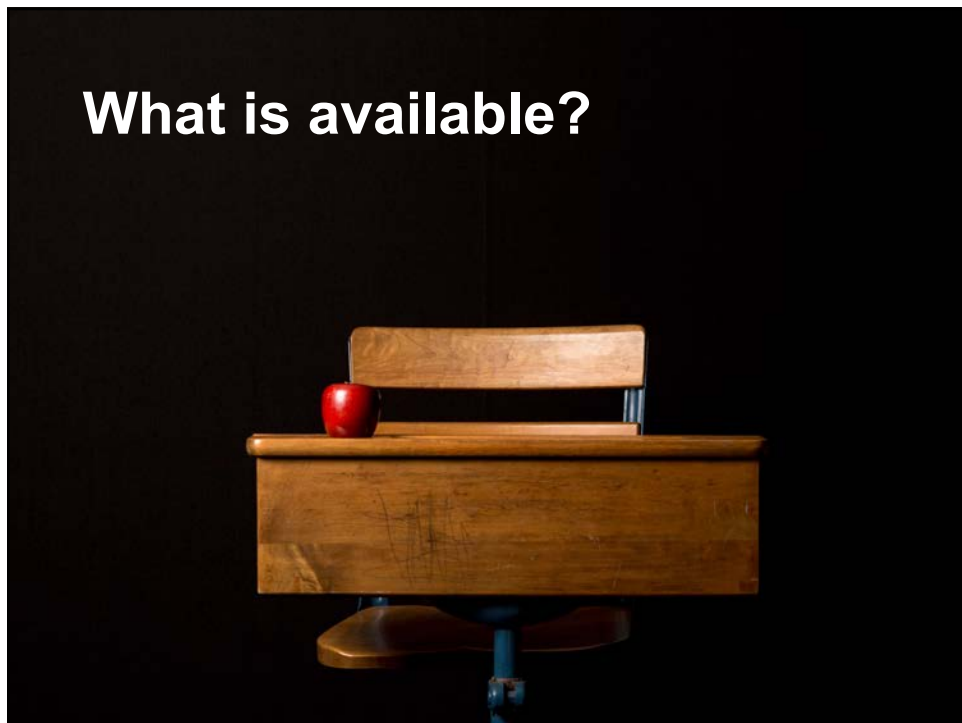
Compliance

- Proof of compliance
 - Certification
 - Signature

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What is available?



SportsMedToday

American Medical Society for Sports Medicine



www.sportsmedtoday.com

2017 Collaborative Solutions for Safety in Sport



SportsMedToday

American Medical Society for Sports Medicine

Contents Covered

- Adolescent & pediatric athlete injuries
- Ankle injuries
- Concussion
- Gastrointestinal problems
- Infectious diseases
- Issues unique to the female athlete
- Knee injuries
- Medical issues in athletes
- Nutrition and ergogenics
- Sports medicine treatment
- Stress fracture ...and more

For

- Athletes, Coaches, Parents, Physicians

Fee

- Free

Format

- Newsletter
- Online resources
- Printable handouts

Certification

- N/A

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SportsMedToday

American Medical Society for Sports Medicine

AMSSM Position Statements <https://www.amssm.org/Publications.html>

Comprehensive review on medical literature on topics such as concussion, cardiac screening, overuse, and burnout in youth sports.

AMSSM Podcasts <https://www.amssm.org/E-Learning.php>

Online audio presentations on different sports medicine subjects, and medical updates and current issues in sports medicine.

AMSSM Social Media:

Facebook account: American Medical Society for Sports Medicine

Twitter: @TheAMSSM

Social media venues for physician members across the country. Great way to look for someone in your area that may have press or local presentation for contact.

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American Medical Society for Sports Medicine

FIND AN AMSSM SPORTS DOC

Please enter a search term relevant to the search type. For US States - use only letter abbreviations.

Choose Search Type

Last Name

Enter Search Term

Zip Code:

Choose Search Radius:

5 Miles

AMSSM.org

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AT YOUR OWN RISK
National Athletic Trainers' Association

BE PART OF THE CHANGE



LEARN



ADVOCATE



APPLY



SHARE

AT YOUR OWN RISK

www.atyourownrisk.org

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AT YOUR OWN RISK
National Athletic Trainers' Association

<p>Contents Covered</p> <ul style="list-style-type: none"> • Roles of athletic trainers • Benefits of physical activity • Risk assessment • "Safe Sports School" • Legislations related to student athlete's safety 	<p>For</p> <ul style="list-style-type: none"> • Parents, School administrators, Legislators, Employers, Student Athletes <p>Fee</p> <ul style="list-style-type: none"> • Free <p>Format</p> <ul style="list-style-type: none"> • Online resource • Risk assessment quiz • Newsletter <p>Certification</p> <ul style="list-style-type: none"> • N/A
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Preventing Sudden Death in Sports and Physical Activity: An Interactive Online Program *Jones and Bartlett Learning*



<http://www.jblearning.com/catalog/9781284069952/>

2017 Collaborative Solutions for Safety in Sport



Preventing Sudden Death in Sports and Physical Activity: An Interactive Online Program *Jones and Bartlett Learning*

Contents Covered

- Heat illness
- Brain injury
- Cardiac emergency
- Exertional sickling
- Emergency action plans
- Asthma
- Lightning

For

- Healthcare professional

Fee

- \$248.95

Format

- E-learning module
- Tests (pre test, quiz, final exam)
- Video scenarios

Certification

- Yes
- BOC approved EBP course (10 CEUs)

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ksi.uconn.edu
Korey Stringer Institute


Korey Stringer Institute Search this site...

Home About News and Events Emergency Conditions Prevention High School Policies Research Services Contact Donate

Contents Covered

- Anaphylaxis
- Asthma
- Internal trauma
- Cardiac conditions
- Cervical spine injury
- Heat illnesses
- Exertional sickling
- Hypo/hyperglycemia
- Hyponatremia
- Traumatic brain injury
- Lightning
- Protective equipment
- Wet bulb globe temperature monitoring
- Automated external defibrillators
- Coaching education
- Hydration
- Heat acclimatization
- Pre-participation examinations
- Emergency action plans
- High school policies

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Other Examples

- **Back to Sports**, *American Heart Association and National Football League*
- **Heads Up Football**, *USA Football*
- **HEADS UP Concussion in Youth Sports**, *Centers for Disease Control and Prevention*
- **RECOGNIZE TO RECOVER**, *US Soccer*
- **Emergency Action Planning Program**, *Anyone Can Save A Life*
- **BEGINNERTRIATHLETE.COM**, *Beginner Triathlete*
- **JR.NBA.COM**, *Jr. NBA*

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Back to Sports, *American Heart Association and National Football League*



BACK TO SPORTS



http://www.heart.org/HEARTORG/Educator/The-Back-to-Sports-Program_UCM_474970_Article.jsp



KSI 771
Korey Stringer Institute
UNIVERSITY OF CONNECTICUT

Back to Sports, American Heart Association and National Football League

- **Contents Covered:**
 - Benefits of physical activity
 - Concussion
 - Equipment fitting
 - Hydration
 - Injury prevention
 - Cardiac emergency
 - Nutrition





KSI 771
Korey Stringer Institute
UNIVERSITY OF CONNECTICUT

Back to Sports, American Heart Association and National Football League

For

- Parents, Coaches, Athletes

Fee

- Free* *application must be submitted*

Format

- Hands-on workshop
- Printed/ PDF resources
- Quiz

Certification

- Completion certificate

KSI
Korey Stringer Institute
UNIVERSITY OF CONNECTICUT

Heads Up Football, USA Football



Heads Up Football For Schools
Put the emphasis on football safety

<https://usafootball.com/>

KSI
Korey Stringer Institute
UNIVERSITY OF CONNECTICUT

Heads Up Football, USA Football

- Contents Covered:
 - Coach certification
 - Concussion
 - Exertional heat illness
 - Hydration
 - Cardiac emergency
 - Equipment fitting
 - Football specific skills



Understanding Officiating Youth Football \$10	Health and safety \$10	Fundamentals of Coaching \$10
Flag Football Safety \$10	Shoulder Tackling FREE	Flag Details \$10
Shoulder Tackling and Blocking Skills \$10	Youth Football Reentry \$25	Soft Skills for NFL/USA Football \$10

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Heads Up Football, USA Football

For

- Football coaches

Fee

- Yes; varies on course

Format

- Hands-on workshop
- Online training
- Online resources

Certification

- Yes

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UNIVERSITY OF CONNECTICUT

HEADS UP Concussion in Youth Sports, Centers for Disease Control and Prevention



**HEADS UP
CONCUSSION
IN YOUTH SPORTS**

<https://www.cdc.gov/HeadsUp/>



HEADS UP Concussion in Youth Sports,
Centers for Disease Control and Prevention

- **Contents Covered:**
 - Traumatic brain injury
 - Concussion

What is a Concussion?

A concussion is a type of traumatic brain injury (TBI) that results from a bump, blow, or jolt to the head (or by a hit to the body) that causes the head and brain to move rapidly back and forth. This sudden movement can cause the brain to bounce around or twist in the skull, stretching and damaging the brain cells and creating chemical changes in the brain.



HEADS UP Concussion in Youth Sports,
Centers for Disease Control and Prevention

For

- Parents, Providers, Coaches, Athletes, Sports Officials, School Nurses, Teachers, Counselors, School Professionals

Fee

- Free

Format

- Online training
- Online resources
- Printable fact sheets, posters, and infographics
- Phone application

Certification

- Completion certificate (NFHS)
- Free CME, CNE and CEU credits

KSI
Korey Stringer Institute
UNIVERSITY OF CONNECTICUT

RECOGNIZE TO RECOVER
US Soccer



**U.S. SOCCER'S
COMPREHENSIVE
PLAYER HEALTH AND
SAFETY PROGRAM**

<http://www.recognizetorecover.org>

KSI
Korey Stringer Institute
UNIVERSITY OF CONNECTICUT

RECOGNIZE TO RECOVER
US Soccer

- Contents Covered:
 - Emergency Action Plans
 - Cardiac Conditions
 - Head & Brain Conditions
 - Environmental Conditions
 - Injury Prevention



RECOGNIZE TO RECOVER

US Soccer

For

- Soccer parents, coaches, and athletes

Fee

- Free

Format

- Web resource
- PDF resource

Certification

- None







Emergency Action Planning Program

Anyone Can Save A Life




<http://www.anyonecansavealife.org/>



Emergency Action Planning Program

Anyone Can Save A Life

- **Contents Covered**
 - Cardiac emergency
 - Emergency action plan
 - Cardiac
 - Exertional heat stroke



Emergency Action Planning Program

Anyone Can Save A Life

- For**
 - Athletic directors, Coaches, Event staff
- Fee**
 - Free
- Format**
 - Web resource
 - PDF resource
 - E-learning module
 - Worksheet
- Certification**
 - None

