JOB DESCRIPTION FOR ATHLETIC TRAINER

TITLE: Athletic Trainer

<u>DIVISION</u> Upper and Middle School

<u>DEPARTMENT(S)</u> Athletics, Physical Education

POSITION Faculty

REQUIREMENTS: Maintain current certification and continuing education

requirements as set forth by the National Athletic Trainers'

Association Board of Certification

Maintain current state licensure in accordance with the North

Carolina Board of Athletic Trainer Examiners

Maintain current certification in CPR/Emergency Cardiac

Care.

REPORTS TO: Athletic Director

PRIMARY FUNCTION:

Provide athletic trainer coverage for high school and middle school athletic programs.

MAJOR DUTIES AND RESPONSIBILITIES:

The athletic trainer will practice said profession within the parameters of the North Carolina Athletic Trainers Licensing Law as laid out by the North Carolina Board of Athletic Trainer Examiners, and will follow both the Standards of Practice and Code of Ethics as set forth by the National Athletic Trainers Association. These duties are based on the needs of the school and its athletic programs. The athletic trainer's duties, enumerated in this document, should not be considered all inclusive. The Athletic Director, as necessary, shall modify duties. The athletic trainer will be present at home athletic contests and practices and shall attend other post-season and home-hosted contests as directed by the Athletic Director.

- Establish an effective athletic training program for high school and middle school athletics.
- Provide 1st aid and injury ssessment/treatment/rehabilitation/reconditioning for Cary Academy student-athletes. The athletic trainer will also be responsible for making appropriate physician referral.
- Provide coverage at home events and practices from the beginning of the fall sport season to the conclusion of the spring season.

- Coordinate the annual required athletic physicals and supervise the clearance of injured athletes prior to and during the sport seasons.
- Maintain a line of communication with the team physician(s) regarding athletic health care and recommended treatment/rehabilitation for all athletic injuries.
- Assist coaching staff in evaluating and implementing sport specific conditioning programs and methods.
- Maintain an effective and efficient athletic training room.
- Maintain communication with parents on the care & treatment of their student-athlete.
- File all necessary reports associated with athletic injuries and/or incidents.
- Maintain a daily treatment log.
- Oversee the ordering of supplies and equipment pertaining to the athletic training room and maintain an up to date inventory. Provide the Athletic Director with an annual budget for supplies and equipment.
- Equip each team with appropriate medical equipment.
- Assist in the selection and fitting of protective equipment, including special taping, pads or braces.
- Create a safe playing environment by monitoring and controlling environmental risks
- Share professional literature relative to athletic training with the school's coaching staff.

TERMS OF EMPLOYMENT: Ten month position, beginning the first day of

fall practices, approximately mid-August,

through approximately mid-June.

The athletic trainer will work in accordance with a weekly schedule to be determined by the Athletic Director. Weekly schedules will vary

according to the athletic season.

EVALUATION: Will be evaluated annually by the Athletic

Director in accordance with North Carolina

laws and regulations.