



***Strength and Conditioning Journal***  
**Special Topics Issue:**  
**Sports Medicine**

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*Background and Context*

The National Strength and Conditioning Association (NSCA) ***Strength and Conditioning Journal*** (SCJ) periodically publishes special topics issues. A special topics issue focuses on a specific topic. At this time we are soliciting manuscripts for a **Sports Medicine** SCJ special topics issue.

*Request for Manuscripts for SCJ Sports Medicine special topics Issue Call for Papers*

The purpose of this special issue is to bridge the gap between research and techniques used in the sports medicine profession within the strength and conditioning realm. We encourage submissions of interest to both contributors and readers for topics listed (but not limited to):

1. Integration between the Sports Medicine and Sports Performance team
2. Quantitative movement pattern assessment in sports medicine
3. Performance Training Emergency Medicine Considerations
4. Olympic Lifting Methods in Rehabilitation
5. Restoring Economy to the Injured Athlete
6. Applied Periodization within the Rehabilitation Setting
7. The Paradigm of Nutrition during Rehabilitation: post-operative vs chronic pain
8. Energy System Assessment and Prescription in Rehabilitation and Training
9. Evaluation of return to sports demands
10. Psychology of sports injuries and issues affecting conditioning/treatment
11. Limiting injury risks in S&C training



## **Writing and Publishing Guidelines**

### *General Instructions*

The mission of the Strength and Conditioning Journal is to, "...publish articles that report both the practical applications of research findings and the knowledge gained by experienced professionals."

The **SCJ** is not a research journal. It does not publish research articles. Authors should utilize research to support the information in their articles. Interested individuals are encouraged to consult with the guest editors or an experienced strength and conditioning coach to help provide practical knowledge, examples or context for integration of the topics.

Authors are also encouraged to advance a new position, or a critique of existing one, related to the aforementioned topics as long as it is connected to strength and conditioning professionals.

### *Audience and Tone*

The audience for the SCJ is primarily practitioners. Submissions should be written without excessive technical or theoretical language while avoiding the recent concern to "dumb-down" coach education. In other words, please write to your audience. The author(s) ability to balance these requirements is essential.

### *Submission Instructions*

Strength and Conditioning Journal is a peer-reviewed journal with wide readership in the field. It has an impact factor of 0.713 and ranks 57/79 in Sport Sciences. It is, arguably, the most widely read and esteemed practitioner journal in the field of strength and conditioning. Instructions for authors are available at the following url:

[http://journals.lww.com/nsca-scj/\\_layouts/1033/oaks.journals/informationforauthors.aspx](http://journals.lww.com/nsca-scj/_layouts/1033/oaks.journals/informationforauthors.aspx)

*Potential authors are requested to submit a one-page summary, outlining expertise in a topic listed (or proposed) for this special edition and past scholarly attributes to the guest editors. The tentative timeline for the sports medicine special edition is as follows:*

- 1. Solicitation of potential authors: March –May 2015*
- 2. Writing assignments: May –August 2015*
- 3. Submission of article for review: August – September 2015*
- 4. Author corrections: October-November 2015*
- 5. Article re-submission: December 2015 – January 2016*
- 6. Publisher edits and manuscript finalizations: February-March 2016*
- 7. Publication date: April- May 2016*



**NSCA™** National Strength and Conditioning Association

**Strength and Conditioning Journal**

*The professional journal of the National Strength and Conditioning Association*

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